Statistical issues in toxicokinetic modeling: a Bayesian perspective
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Determining the relationship between an exposure and the resulting target tissue dose is a critical issue encountered in quantitative risk assessment (QRA). Classical or physiologically based toxicokinetic (PBTK) models can be useful in performing that task. Interest in using these models to improve extrapolations between species, routes, and exposure levels in QRA has therefore grown considerably in recent years. In parallel, PBTK models have become increasingly sophisticated. However, development of a strong statistical foundation for PBTK model calibration and use has received little attention. There is a critical need for methods that address the uncertainties inherent in toxicokinetic data and the variability in the human populations for which risk predictions are made and to take advantage of a priori information on parameters during the calibration process.

Natural solutions to these problems can be found in a Bayesian statistical framework with the help of computational techniques such as Markov chain Monte Carlo methods. Within such a framework, we have developed an approach to toxicokinetic modeling that can be applied to heterogeneous human or animal populations. This approach also expands the possibilities for uncertainty analysis. We present a review of these efforts and other developments in these areas.

Appropriate statistical treatment of uncertainty and variability within the modeling process will increase confidence in model results and ultimately contribute to an improved scientific basis for the estimation of occupational and environmental health risks. Key words: Bayesian analysis, hierarchical models, MCMC methods, toxicokinetic models, uncertainty, variability. — Environ Health Perspect 108(suppl 5):883–893 (2000).

Exposure concentrations of chemicals in air, food, water, soil, dust, or other media with which populations are in contact are the dose scales most commonly used when assessing health effects for environmental or occupational pollutants. Yet, external exposure is often only a rough estimate for internal exposure delivered at the critical target in the body. The latter is a more appropriate measure of dose for mechanism-based risk assessments (1). For example, many chemicals require metabolic conversion into chemically active species before exhibiting toxicity, and this conversion may be subject to saturation at high doses (2–5). In the presence of saturable activation or detoxification pathways, the relationship between administered (external) dose and delivered (internal) dose may be nonlinear. This nonlinearity is of particular concern when performing high-to-low-dose extrapolation of the overall exposure–response relationship. Indeed, a solution is to measure internal biomarkers of exposure, but such direct measurements may not be feasible if the relevant biomarkers are not yet developed. In this case, modeling approaches can be advocated as an alternative. Toxicokinetic (TK) models, for example, are useful tools to relate external exposures to internal measures of dose. TK models describe the behavior of chemicals in the body, e.g., the processes of absorption, distribution, metabolism, and elimination. Two main classes of TK models have been developed: classical toxicokinetic models and physiologically based toxicokinetic (PBTK) models. The development of PBTK models has been particularly active during the last 20 years, and their usefulness for chemical risk assessments is now firmly established (5–10). Several major chemical risk assessments currently processed by the U.S. Environmental Protection Agency involve the use of PBTK models.

The focus of PBTK modeling in risk assessment to date has been essentially on improving the scientific basis for extrapolating risk from animals to humans (11). Before the introduction of PBTK models, the key default assumption regarding interspecies extrapolation was that animal exposures could be converted to equivalent human exposures by a surface area correction factor. However, several examples can be found in the literature in which comparative modeling of distribution and metabolism in animals and humans has challenged the use of simple surface area conversions for interspecies extrapolations (12–15). The ability to tailor the parameter values of PBTK models to a particular animal species offers, in theory, a firm basis for interspecies extrapolation. In practice, for most PBTK models some parameters remain difficult to extrapolate across species. For metabolic parameters, in particular, species-specific values may be difficult to obtain experimentally. The "parallelogram approach" (16,17) may provide partial answers to this question, but parameters typically still need to be adjusted through calibration of the model with pharmacokinetic data (usually measured time courses of parent compound and metabolites in biological media such as exhaled air, blood, urine, etc.).

If some uneasiness has been expressed about the use of PBTK models (18), it was essentially because of the lack of statistical methods for calibrating them, i.e., for adjusting their parameter values by taking toxicokinetic data into account. Another issue gaining major attention in the scientific and regulatory communities is population variability in toxicokinetic and metabolic processes (9,19–27). Considering this variability and the uncertainty about many parameters difficult to measure accurately, using fixed parameter values or presenting results in the form of point estimates can be fundamentally misleading (28). Obviously, the task of a correct statistical treatment of PBTK models is daunting, as we are faced with large nonlinear models, small data sets, high uncertainty, and biological variability. Until recently, there was no method for rigorous statistical validation of PBTK models. For example, to our knowledge, the predictions made by such models were never presented with meaningful confidence levels. Consequently, it was impossible to decide whether the fits were acceptable, the models reasonable, and what confidence to place in the results of extrapolation (29).

In response to this challenge, our group began to examine the statistical issues associated with the calibration and use of PBTK models and to develop methods to solve them. This article first briefly presents the structure of classical TK and PBTK models. We then discuss the issues of parameterization and calibration of these models and describe a Bayesian approach to their statistical analysis.

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Toxicokinetic Models

A variety of TK models have been developed; all are simplified representations of chemical disposition within the human/animal organism. This section describes the structure and characteristics of classical compartmental and physiologically based models, which are the main two classes of TK models found in the literature. We then briefly present minimal physiological models, which recently have been proposed by several investigators.

Classical Compartmental (TK) Models

In classical TK models, the body is represented by several connected compartments (rarely more than three); each compartment is a virtual space (i.e., compartments do not necessarily reflect the anatomy of the species of interest) within which the chemical is assumed to be homogeneously distributed (30). Chemical transfers between compartments are described by a set of differential equations. Typical parameters are compartment volumes, exchange rates between them, and clearance (elimination rate). The number of compartments and the parameter values are inferred from fitting the model to TK data. A procedure commonly adopted when using these models consists in first fitting a simple, usually one-compartment model. If the fit is unsatisfactory, another compartment is added to the model, and so on, until an acceptable fit is achieved. Parameter values derived from the analysis of classical compartmental models are data dependent and are not intended to represent actual physiological volumes or flows in the organism (11). For example, the volume of distribution of a particular compound can be much greater than the volume of the body (this is the case for chemicals with high affinities for tissue proteins) (31). These models thus are commonly referred as empirical or data-based models.

Classical compartmental models are reliable tools to predict various surrogates of dose such as areas under the concentration–time curve or the maximum concentration reached in diverse biological media (e.g., exhaled air, venous blood, urine) when the objective is to interpolate from the current data. They are widely used in pharmacokinetic studies to investigate drug disposition in the body. Nevertheless, given their lack of physiological relevance, these models are not indicated to extrapolate kinetic results between species, exposure routes, or exposure conditions. For these reasons, other modeling approaches, including physiologically-based models, have been investigated.

PBTK Models

In PBTK models, the body is subdivided into a series of anatomical or physiological compartments that correspond to specific organs (liver, kidney, lung) or lumped tissue and organ groups (fat, richly perfused, and slowly perfused tissues) (32–34). Tissues or organs are lumped when they have, for example, similar blood flow and fat content and when partitioning of the substance of interest between them can be considered homogeneous. Connections between compartments represent the blood or lymphatic circulation and chemical transfers between compartments are described by mass balance differential equations. The time course of transport and transformations of a chemical through the various compartments can be simulated via the resolution of the model’s set of equations for any given set of parameter values.

PBTK models include three types of parameters: physiological parameters such as breathing rate, blood flows, and tissue volumes; physicochemical parameters, such as partition coefficients that represent the relative solubility of a chemical in specific tissue; and biochemical parameters describing, for example, metabolic processes. The number of compartments to be included in the model depends on the model’s set of the problem and on the possible mode(s) of action and site(s) of toxicity of the chemical studied. In most cases, the kidney or the liver are usually individualized when they are major organs of elimination and/or metabolism. Other organs are also individualized (e.g., bone marrow, brain, bone) when they are known sites of metabolism, storage, or toxicity. In many applications, distribution among compartments is supposed to be limited by perfusion; once in a compartment, the chemical distributes instantaneously and homogeneously throughout the entire volume of the compartment. More complex models describing the distribution of the compound in sub compartiments representing vascular, interstitial, and intracellular spaces (diffusion-limited models) have also been developed (35–37).

Figure 1 illustrates a general four-compartment PBTK model for volatile chemicals, which we used to study tetrachloroethylene (TETRA) kinetics in humans (38–39). In this model, TETRA distribution among the four compartments (well-perfused tissues, poorly perfused tissues, fat, liver) is supposed to be limited by blood perfusion, as is often the case for apolar solvents. TETRA absorption is supposed to occur by inhalation; elimination takes place by exhalation and metabolism. The only metabolically active compartment included in the model is the liver. TETRA primary metabolism is described by a saturable Michaelis-Menten mechanism. This model encloses 15 parameters.

Toxic effects induced by exposure to chemicals are commonly observed during experimental animal studies under conditions of exposure different than typical human occupational or environmental exposures. PBTK models are promising tools to solve some of the critical extrapolation issues encountered in chemical risk assessments (6,11,32,33,40–42):

- for example, dose extrapolation can automatically be achieved with a PBTK model assuming the model correctly captures the linear and nonlinear dynamics involved in the transport and metabolism of the compound studied.
- Interspecies extrapolation is resolved by assuming that the model structure is correct for two or more species (the TETRA model described above, for example, is reasonable for any mammal). Simply changing parameters to values specific to the species of interest operates the extrapolation.
- Interroute (of exposure) extrapolations can be performed. The model presented above (Figure 1) has only one route of entry, the lung; it is possible to simulate intravenous injection by imposing increase in venous blood concentration at any time or by an explicit additional equation; ingestion has been modeled with such models as a direct infusion into the liver compartment or with additional compartments describing the gastrointestinal tract; dermal absorption has also been modeled by addition of a skin compartment (43,44).

PBTK models can explain the toxicokinetic behavior of the compound studied under special conditions in humans such as physical activity (45) or in specific targeted populations (children, aged, obese) by simply changing the values of some physiological parameters. In addition, these models are
attractive when modeling complex situations such as developmental toxicity (36,46–52); unusual exposure scenarios such as delayed exposure of a nursing infant due to the mother’s inhalation exposure can also be addressed (53,54).

The above properties of PBTK models contribute to the development of more accurate estimates of risk. PBTK modeling techniques are now well developed. Nevertheless, such models involve a large number of parameters (typically more than 20), each of which is subject to some degree of uncertainty and variability, which are translated into PBTK model outputs. It is thus necessary to consider the statistical issues raised by such complexity.

Minimal Physiological Models

Minimal (or reduced) physiological models are PBTK models in which some of the compartments (e.g., poorly and well-perfused tissues) have been lumped into a single central compartment. Reducing the number of compartments is a way to simplify the calibration process while partly preserving the model’s physiological character. In the case of benzene, it has been shown that a reduced three-compartment PBPK model can be a good alternative to a five-compartment PBPK model.

Figure 2 presents a minimal physiological TK model of TETRA kinetics in the human. TETRA kinetics in blood and exhaled air are described by a three-compartment TK model linked to a one-compartment submodel for the main TETRA metabolite, trichloroacetic acid (TCA) (55). In the model, TETRA enters the body by pulmonary exchange, modeled by first-order transfers between air and the central compartment. TETRA venous blood concentrations are assumed to be predicted by the central compartment concentrations. The second and third compartments are a priori supposed to represent fat and muscles, respectively. Metabolism of TETRA is assumed to take place in the central compartment and is described by a linear process. A fraction of metabolized TETRA leads to TCA; the rest is made of the other TETRA metabolites. TCA is formed from TETRA metabolism but also from endogenous background reactions. Urinary elimination of TCA is assumed to follow first-order kinetics.

Reduced PBTK models may be promising tools to analyze data when many subjects are involved. Recently, Fanning (56) used a reduced PBTK model to analyze benzene kinetics data from a cohort of 60 Chinese workers. In that model, the human body was divided into three compartments: a central compartment, fat, and liver. Thomaseth and Salvan (57) consider a minimal physiological model to describe long-term kinetics of tetrachlorodibenzo-p-dioxin in human tissues using data from a cohort of 359 subjects.

These examples simply illustrate that, as with any modeling exercise, the development of a toxicokinetic model must be guided primarily by the question raised and the data available to deal with it.

Statistical Considerations

PBTK models are considered an effective means to predict target tissue dose, in particular because of the large amount of a priori information available in the literature on their parameters. Nevertheless, calibration of TK models, even when they are physiologically based, is hardly feasible using only a priori information. We mean by calibration the allocation of appropriate values to model parameters to enable that model to behave like the system it represents. In fact, even though reference values can be found in the literature for physiological parameters such as organ volumes or blood flows, experience has shown that the calibration of virtually all PBTK models requires estimation of some parameters (in particular those describing metabolism) using experimental TK data. Such data typically consist of measured parent and/or metabolite amounts or concentrations from various sites in the body (e.g., blood, exhaled air, urine) at various times following the beginning of a controlled exposure to the chemical studied.

We address, in the following subsections, the parameterization of TK models, their calibration, and finally, the predictive use of these models.

Parameterization

It is first necessary to pay careful attention to model parameterization (i.e., to definition of the model parameters) to facilitate their subsequent estimation. Many parameters of a toxicokinetic model (e.g., cardiac output, organ volumes, maximum rate of metabolism) tend to be correlated to some measure of body size. Furthermore, some parameters are correlated to each other (e.g., organ blood flows with cardiac output). Neglecting those correlations might lead to unrealistic physiological properties of the model, particularly when a distribution of behaviors is computed (e.g., through Monte Carlo simulations). It is traditional to implement an a priori deterministic modeling of known physiological dependencies between parameters by using scaling functions and allometric (related-to-size) relationships (58–60). For example, volumes can be parameterized as fractions of the lean body weight, flows as fractions of cardiac output, and the maximum rate of metabolism in the liver as a power function of lean body weight. Not all parameters need to be scaled. Unfortunately, there is no unique way to implement scaling, and there does not appear to be a rigorous foundation for any particular choice so far in the literature. We assert that covariate modeling should be guided by statistical considerations, as it is essentially a regression problem, but this is a research topic still to be explored.

Another problem that can be solved through proper parameterization is parameter identifiability. Identifiability characterizes parameters for which reasonable estimates can be obtained given experimental data (64–66). Parameter identifiability is a critical issue in compartmental kinetic modeling (67,68) and should be examined before any attempt to calibrate the model. Two types of identifiability can be distinguished: structural and statistical. The first is concerned with the formal model’s equations and parameters, i.e., the structure of the model. As an example, consider the following model equation:

\[ y = \alpha \times \beta \times x \]

where \( \alpha \) and \( \beta \) are unknown parameters to estimate from observations of \( x \) and \( y \). If neither \( \alpha \) nor \( \beta \) appears separately in another model-defining equation, \( \alpha \) and \( \beta \) will not be separately identifiable whatever the data used to estimate them. Each one can take an infinite parameter values.
and unbounded number of values. Only their product $\alpha \times \beta$ can be reasonably estimated. $\alpha$ and $\beta$ can become identifiable if an informative prior has been specified for one of them in a Bayesian context. Structural identifiability can also be ensured by an adequate parameterization. Structural nonidentifiability was encountered when calibrating the minimal PBTK model for TETRA kinetics depicted in Figure 2, with the two couples of parameters $(P_{plc}, V_{perphc})$ and $(P_{plc}, V_{perphb})$. Their products, $P_{plc} \times V_{perphc}$ and $P_{plc} \times V_{perphb}$, were thus the parameters actually estimated. Putting separate priors on $P_{plc}$, $V_{perphc}$, $P_{plc}$, and $V_{perphb}$ was another option we could have taken. The second type of identifiability, called data-conditioned, or statistical, characterizes parameters that can be precisely estimated. For a parameter estimate, precision is the inverse of uncertainty, and we treat this question extensively in the next section. In essence, statistical identifiability is ensured by either adequate data to estimate all model parameters or, in a Bayesian context, sufficient prior information to constrain those parameters (69). In a TK context, for example, statistical nonidentifiability may be encountered when experimental data do not include observations during or close to the absorption phase. In that case, the parameters characterizing absorption will be poorly estimated given that data set. In a way, statistical identifiability is a milder form of structural identifiability that does not require reparameterization to be treated. Reparameterization can still be useful in case of statistical identifiability, as it can hasten computations during the calibration process.

**Calibration, Uncertainty, and Variability**

Uncertainty and variability in the TK parameter estimates affect potentially all TK model predictions (e.g., estimates of tissue doses); it is necessary to assess both to make predictions useful for risk analysts and decisionmakers. This helps to determine the confidence to place in those predictions, to assess the range of internal dose likely to occur within the population for which the risk is being evaluated, and finally, to weight the decisions on the basis of TK model predictions (21,26).

It is important to distinguish between uncertainty and variability. Variability typically refers to differences in the values of model parameters among individuals (interindividual variability) or across time within a given individual (intraindividual variability). Variability may stem from genetic differences, lifestyles, physiological status, age, etc. (26). Uncertainty, on the other hand, essentially is a result of lack of knowledge (79) and may have various sources. TK parameters are known only with finite precision. The use of standard values, such as those in the International Commission on Radiological Protection report (77), tend to give a false impression of precision for physiological parameter values (and thus for model predictions). At best, such standard or default values are approximate values of the average for a particular group of animals or humans, and even more for a particular individual exposed (from which TK data may be available). In addition, most chemical-specific parameters tend to be imprecise; i.e., they may have been measured in vitro rather than in vivo or they may be accessible only after fitting a model to TK data. Measurement errors on the experimental data, sparseness of those, and model simplifications or misspecifications are translated into uncertainties in the parameter values determined by statistical fitting to such data. Uncertainty may be reduced by further experiments, the design of which can be formally optimized (72,73), or by a better understanding of the actual processes under study.

Variability is inherent in animal and human populations and cannot be reduced. Both variability and uncertainty are usually present in TK data. For example, each TK data set is specific to the subjects studied and extrapolating quantitative information from such small groups to larger and different populations requires careful consideration. In fact, the primary interests of TK analyses rarely lie in the toxikokinetik of the compound studied in any particular individual but resides instead in inferences both about average TK behavior of substances in larger groups (sensitive subpopulations, age groups, whole-country population, etc.) and quantification of the variability in such behavior. It is necessary to take variability explicitly into account within the calibration process. Data pooling (i.e., treating averaged data values as if they characterized a typical member of the population) should be avoided, as it can gravely distort the data (74,75).

Given the usual sparseness of TK data and the number of parameters involved in a PBTK model, conventional (e.g., unconstrained least square) parameter estimation is generally not feasible. From a statistical point of view, manually adjusting several parameters is not scientifically acceptable. Neither is the commonly used alternative, which consists of statistically fitting only a subset of the model parameters (assuming that the others are exactly known and set to predefined reference values). It is difficult to arrive at a correct assessment of the uncertainty in model predictions through such an approach. Ignoring the uncertainty in a parameter value implicitly ignores covariances between this particular parameter and all others. This leads to distortions in the entire covariance structure of parameter estimates (because covariance between two parameters vanishes when one is fixed) and finally, to an underestimation of the uncertainty in model outputs (76). As an illustration, consider a simple two-dimensional case (Figure 3). Assume that both parameter estimates, given the data $\theta_1$ and $\theta_2$, are marginally (i.e., when considered alone) normally distributed (Figure 3A, C) and that they are highly correlated. The ellipse (Figure 3B) that outlines the 95% joint confidence region for $\theta_1$ and $\theta_2$ illustrates that covariance. A correct joint estimation of $\theta_1$ and $\theta_2$ should give both marginal and joint distributions closely approximating those. However, setting $\theta_1$ for convenience, to a fixed value, $a$, modifies the structure of covariance between $\theta_1$ and $\theta_2$, transforming the initial ellipse into a segment of line, $s$. The 95% confidence interval for $\theta_2$, given $\theta_1 = a$, now ranges from $b$ to $c$ (panel C). The resulting distribution of $\theta_2$ is much narrower than the correct distribution and its mean may not even be the same, which could later lead to biases and underdispersion in predictions. In higher (imagine 20) dimensions, the situation would be considerably worse.

Three points can be made here: First, fixing the value of some parameters while adjusting the other parameters is not satisfactory unless there is no correlation between the fixed and other parameters. Proving the absence of such correlations is difficult and amounts to first estimating all parameters together (that is, considering all of them uncertain). It is simpler and often more judicious to stop at this first step and acknowledge the complete covariance between all parameters. Second, fixing $\theta_1$ for estimating $\theta_2$ and then relaxing this constraint when
performing predictions is incorrect, as the covariance structure of \( \theta_1 \) and \( \theta_2 \) is disrupted in the process and the resulting marginal distribution of \( \theta_2 \) is a conditional distribution on the assumed known value of \( \theta_1 \). Third, in most cases, it is not sufficient to check the absence of sensitivity of some of the model predictions to variations in \( \theta_1 \) values, because what is important is the sensitivity of the entire model calibration process to \( \theta_1 \). Checking the sensitivity of some predictions also raises a number of questions. For example, which predictions should be checked? And what is the scientific value of a calibration exercise which gives results only for a particular application? Overall, ad hoc calibrations are an impediment to the general applicability of PBTK models to various scenarios of exposures and effects.

Confidence in Model Predictions
Models are usually developed to obtain predictions of various quantities of interest, for example, the quantity of metabolites formed for a given exposure to a specific compound. Ignoring both variability and uncertainty in model parameters renders TK model predictions almost useless for risk assessment. Several attempts have been made recently to study the propagation of variability and uncertainty in model parameters to model predictions using Monte Carlo simulation methods (13,23 24,27,77,78). These methods consist of: a) specifying a probability distribution for each model parameter; b) sampling randomly each model parameter from its specified distribution; c) running the model using the sampled parameter values, and computing various model predictions of interest. Repeating steps b) and c) a large number of times generates many different values for the model predictions. Those values can be used as samples to create histograms approximating the probability distribution of any model prediction (79).

Monte Carlo methods can be useful in conducting global sensitivity analysis (25,80). It is also possible with such methods to distinguish between variability and uncertainty in model predictions when it is feasible to separate the two for each model parameter (81). The validity of Monte Carlo methods is obviously highly dependent on the validity of the assumed parameter distributions. These distributions should adequately characterize the variability and/or uncertainty and covariance in the model parameters to predict the range of TK behavior that could be expected in a population and to determine the confidence to place in model predictions (76).

Most Monte Carlo simulations of TK models performed to date assumed for convenience that all input parameters were independent—partial exceptions can be found in Farrar et al. (20), Bois et al. (21), and Smith et al. (76). Most of the time this assumption is not valid. Neglecting covariances typically leads to very large confidence intervals in model predictions, overestimating their actual spread (19).

A better and more comprehensive approach is to sample all parameter values from their joint probability distribution (39). Empirically specifying such a joint distribution is a difficult task, particularly when some parameters have been estimated. In the next section we describe how a Bayesian statistical analysis can yield naturally such a joint distribution (called joint posterior distribution). Such an analysis leads to more relevant and useful Monte Carlo simulations, taking into account dependencies among all TK parameters when computing model predictions.

Multilevel Bayesian Analysis of TK Models
The above considerations led us to develop and use multilevel models of uncertainty/variability in a Bayesian framework for the statistical analysis of TK models. Those tools are described in the following sections.

Multilevel Modeling
As stated above, inferring the TK behavior of a compound in a population necessitates extracting quantitative information from individual TK data. A hierarchical structure distinguishing individual and population levels of variability is a convenient and efficient way to perform that task.

Population analyses were first introduced in the context of pharmacokinetic studies for drug development and evaluation (74,82,83). Their advantages have long been discussed in this context and a number of applications can be found in the pharmacokinetic literature. Yuh et al. (84) published a comprehensive bibliography on methodological aspects and applications of population models and a detailed review of these methods can be found in Davidian and Giltinan (85). However, until recently, very little attention has been paid to these approaches in a TK context. Before the work of Bois et al. (38,86) and Gelman et al. (39), the only attempt to link population principles to TK modeling was achieved by Droz et al. (87,88), but no fitting to experimental data was performed in this exercise.

The objective of population models is to obtain from individual data a quantitative description of the variability of the kinetic behavior of a given compound within a population. Such a model is illustrated in Figure 4. This hierarchical model has been used for TETRA and benzene by Bois and colleagues (38,39,86). The basic idea is that the same kinetic model \( f \) can describe the concentration–time profiles of the compound and its metabolites for each individual, and that the model parameters may vary from individual to individual. Interindividual variability is then described by assuming that each individual’s parameter set \( \psi_i \) arises independently from the other individual parameter sets, from a common multivariate probability distribution.

The model presented in Figure 4 has two major components: the subject level and the population level. At the subject level, chemical concentrations are measured on each of the \( I \) individuals studied (e.g., \( n_i \) measurements for individual \( i \)). Let: \( y_I = \{y_{i1}, y_{i2}, \ldots, y_{in_i}\} \) denote the set of concentration measurements made on individual \( i \), and \( t_i = \{t_{i1}, t_{i2}, \ldots, t_{in_i}\} \) the set of their associated sampling times; the kinetic model, denoted \( f \), can predict concentration–time profiles for given exposure characteristics (\( E \)), individual TK parameters (\( \psi_i \)), and physiological covariables (\( \phi \)) (e.g., body weight, age, sex, etc.). At this level, the measurement error model is defined. Various error models have been suggested to model the differences between observed and model-predicted concentrations. One possible lognormal error model frequently used for concentration measurements is given by:

\[
\log y_i = \log f(t_i, E, \psi_i, \phi) + \epsilon_i, \quad [2]
\]

where the error terms \( \epsilon_i \) are assumed to be independent and normal random variables.
with mean $0$ and variance $\sigma^2$. These error terms may represent assay precision, model misspecification, and/or random intraindividual variability in model parameters and covariates. $\sigma^2$ can be set to a fixed known value (e.g., when the analytical error is known and modeling error assumed negligible) or assumed to be a known function of actual concentration in the biological sample; it can also be estimated along with the other model parameters.

At the population level, interindividual variability is described by considering that the vectors of individual TK parameters $\psi_i$, $\ldots$, $\psi_i$ are independent realizations from a multivariate distribution, $\psi$, with mean vector $\mu$ and scale matrix $\Sigma$.

$$\psi_i \sim F(\mu, \Sigma), \quad i = 1, \ldots, I.$$ \[3\]

The population parameters, $\mu$ and $\Sigma$, are a priori affected by uncertainty.

Within the population framework, information is gained on the average population behavior, but at the same time information on each subject is reinforced by borrowing strength from the other subjects. The latter effect is particularly useful when few observations are available per subject, which is typical in pharmacokinetic and TK studies. This framework is flexible and, for example, can be extended to separate within-subject, between-subject, and measurement uncertainty.

A number of methods have been proposed to estimate kinetic parameters within a population framework. They can be separated into two broad classes, parametric and nonparametric. In the parametric case, the shape of the population distribution is assumed to be known, and the population parameter values are quantities to estimate (e.g., multivariate normal distribution with unknown vector of means and variance/covariance matrix). Typically, assumed distributions for the population distribution $F$ include multivariate normal, lognormal, Student-$t$, or mixtures of such distributions. In the nonparametric approach, no assumption about the shape of the population distribution is made, and the entire distribution (both the shape and the parameters) is estimated from the population data (89–91). The parametric approach is the most commonly used because the data are often too sparse for nonparametric estimation.

The above approaches rely typically on maximum likelihood techniques (82,92,93) or on Bayesian principles (94,95). Bayesian approaches prove to be very efficient when dealing with the complexities brought about by the large number of parameters of the hierarchical structure (a 10-parameter TK model applied to 50 subjects leads to more than 500 parameters to estimate) and by the nonlinearities typically present in the subject-specific kinetic models (94,95). They are particularly appealing in the case of PBTK models, as they allow prior physiological information to be incorporated explicitly into the analysis (39).

### The Bayesian Approach

A Bayesian statistical analysis allows combination of two forms of information: prior knowledge about parameter values drawn from the scientific literature, and data from TK experiments (96,97). In this section we first present the general principles of Bayesian statistical analyses and then we explain how likelihood and prior distributions can be elicited in the case of a population TK model; then, using the Metropolis Hastings (MH) sampler, we illustrate how Markov chain Monte Carlo (MCMC) algorithms proceed, and finally, we illustrate how inference and predictions can be made from MCMC outputs.

**General principles.** In a Bayesian setting, all model unknowns, $\theta$, are considered random variables. The probability distribution of an unknown model is interpreted in terms of degrees of belief about possible values of that quantity. Before conducting an experimental study, a prior probability distribution, $p(\theta)$ is constructed to reflect current knowledge of $\theta$. This prior distribution is then updated using the data values, $y$, to yield a posterior probability distribution of model unknowns. Bayes’ theorem indicates that the posterior probability distribution of $\theta$ given $y$, $p(\theta|y)$, is proportional to the product of the likelihood by the prior $p(\theta)$. In a Bayesian framework, the likelihood of a particular data set, given an assumed model and its parameter values, is the conditional probability distribution of the observed data, $p(y|\theta)$. Bayes’ rule can be viewed as a formula that shows how existing beliefs, formally expressed as probability distributions, are modified by new information (98):

$$p(\theta|y) \propto p(y|\theta) \times p(\theta).$$ \[4\]

All inferences about $\theta$ or a particular set of its components follow from the posterior distribution $p(\theta|y)$: means, standard deviations (SDs), quantiles, correlations, and marginal distributions are obtainable by integration of $p(\theta|y)$. In the case of the above population TK model, model unknowns, $\theta$, comprise the individual TK parameter vectors $\psi_i$, $i = 1, \ldots, f$ (denoted $\psi$ in the following, for convenience), the population parameter vector or matrix, $\mu$ and $\Sigma$, and a variance term for the measurement errors, $\sigma^2$. Hence, Equation 4 takes the form:

$$p(\psi_i|\mu, \Sigma, \sigma^2, y) \propto p(y|\psi_i, \Sigma, \sigma^2) \times p(\psi_i|\mu, \Sigma, \sigma^2).$$ \[5\]

It is possible to rewrite Equation 5 as a product of simpler conditional distributions, considering the following arguments, which are legitimate in any similar hierarchical model. First, arguments of conditional independence (99–101) allow us to simplify the first term of the right side of Equation 5:

$$p(y|\psi, \mu, \Sigma, \sigma^2) = p(y|\psi, \sigma^2).$$ \[6\]

Second, assuming that the experimental error variance is a priori independent of $\psi$, $\mu$, $\Sigma$ (which is reasonable in most applications), and by the definition of conditional probabilities, the second term of the right side of Equation 5 can be written as:

$$p(\psi|\mu, \Sigma, \sigma^2) = p(\psi|\mu, \Sigma) \times p(\sigma^2),$$ \[7\]

leading to the following expression for $p(\theta|y)$:

$$p(\theta|y) \propto p(y|\psi, \sigma^2) \times p(\psi|\mu, \Sigma) \times p(\sigma^2).$$ \[8\]

finally, $\mu$ and $\Sigma$ are usually assumed to be a priori independent, allowing the factorization of $p(\theta)$:

$$p(\psi|\mu, \Sigma, \sigma^2) \propto p(y|\psi, \sigma^2) \times \psi|\mu, \Sigma) \times p(\mu) \times p(\Sigma) \times p(\sigma^2).$$ \[9\]

Even though Equation 9 involves simpler components than Equation 5, it is impossible to obtain an analytical expression for $p(\theta|y)$, in particular because of the nonlinear form of the TK model. Until recently, this intractability has been a strong impediment to practical Bayesian analyses. Fortunately, the recent advent of MCMC methods has alleviated a number of these difficulties. These methods are powerful tools to provide samples of parameter values from $p(\theta|y)$ even without knowledge of the analytical expression of $p(\theta|y)$ (102,103). They have largely contributed to the recent proliferation of Bayesian analyses in applied statistics. These methods require the functional forms for $p(y|\psi, \sigma^2)$ (the likelihood), $p(\psi|\mu, \Sigma)$ (the population model per se), $p(\mu)$, $p(\Sigma)$, and $p(\sigma^2)$ (the priors).

**Specification of likelihood and prior distributions.** The choice of a likelihood function embodies an error model and has been discussed previously. For example, consider the 15-parameter ($K = 15$) PBTK model depicted in Figure 1 and the associated population model in Figure 4 (38). This model was calibrated using TETRA concentration data measured in the exhaled air and venous blood of $I = 6$ human volunteers exposed to 70 and 144 ppm of TETRA for 4 hr (104). To specify a likelihood on the observed individual concentrations ($y_i$, observations for subject $i$), it was assumed that analytical
Interindividual variability was described by assuming that each component $\psi_{ik}$ of the individual TK parameter sets $\psi_i$ was distributed lognormally, with population parameters $\mu_k$ and $\Sigma_{kk}$ (in log-space). So the population model $p(\psi|\mu, \Sigma)$ was given by:

$$p(\psi|\mu, \Sigma) = \prod_{i=1}^{\mathcal{N}} \prod_{k=1}^{K} p(\psi_{ik}|\mu_k, \Sigma_{kk}).$$ \hfill (11)

The variance term $\sigma^2$ was a vector with two components: $\sigma^2_1$ for the measurements in blood, and $\sigma^2_2$ for the measurements in exhaled air; these measurements had different experimental protocols and were thus likely to have different precisions.

In all cases, it is preferable when setting uncertainties on population parameters to be conservative and set the prior population variances higher rather than lower when there is ambiguity. To stay in physiological or biochemical plausible ranges, truncated distributions can be used.

In the example cited above, all population parameters were assumed a priori independent (after scaling functions had been applied). The prior distribution assigned to each term, $\mu_k$, of the population mean $\mu$ was a truncated normal distribution (with parameters $M_k$ and $S_k^2$ in log-space). So the prior on the mean population vector $\mu$ was given by:

$$p(\mu) = \prod_{k=1}^{K} p(\mu_k)$$ \hfill (13)

and

$$\mu_k \sim N(M_k, S_k^2).$$ \hfill (14)

The prior distribution assigned to each population variance $\Sigma_{kk}$ was an inverse-gamma distribution with shape parameter equal to one (to indicate large uncertainties) and scale parameter $\omega_{kk}$ (where $\omega_{kk}$ was the prior estimate of the true population variance). $p(\Sigma)$ was therefore given by:

$$p(\Sigma) = \prod_{k=1}^{K} p(\Sigma_{kk})$$ \hfill (15)

where

$$\Sigma_{kk} \sim \text{InvGamma}(1, \omega_{kk}^2).$$ \hfill (16)

The quantities $M_k$, $S_k^2$, and $\omega_{kk}^2$ are called hyperparameters. They directly embody prior knowledge. For each $k$, $M_k$ relates to the location of the population mean $\mu_k$, $S_k^2$ characterizes the (prior) uncertainty associated with this location; $\omega_{kk}^2$ is used to represent prior beliefs on the variability of the TK parameter $\psi_k$ within the population. Variability and uncertainty were thus formally distinguished. As an example, consider the metabolic parameter $\omega_{kk}$, which represents the maximum rate of TETRA metabolism. To reflect the large prior uncertainty associated with that parameter, $\exp(S_k^2)$ was set to 10, while $\exp(\omega_{kk}^2)$ was set to 2. This indicates that this parameter was believed to vary by a factor 2 in the population studied, but its true population mean was uncertain by a factor of 10. It would be difficult to express such uncertainties without an explicit hierarchical model.

Finally, the prior distributions assigned to the experimental error variances $\sigma^2_{1k}$ and $\sigma^2_{2k}$ were standard noninformative priors for variances ($10^8$):

$$p(\sigma^2) = p(\sigma^2_{1k}, \sigma^2_{2k}) \propto \sigma_{1k}^{-2} \times \sigma_{2k}^{-2}.$$ \hfill (17)

Computational aspects—MCMC sampling. MCMC methods are iterative sampling schemes that provide direct approximations to a complex joint posterior distribution (by random draws from it set of parameter values). These methods consist in constructing a Markov chain that converges, as iterations progress, toward the posterior distribution, $p(\theta|y)$. Various MCMC methods have been developed to date; they differ in ways the Markov chain is constructed. The MH algorithm proved in our experience to be very efficient in dealing with Bayesian population TK models. Briefly, it proceeds as follows: at the beginning of each iteration step, each component, $\theta_{ik}$ of the parameter vector $\theta$ is eventally updated according to the following acceptance/rejection rule: a proposed value, $\theta_{ik}'$, is sampled from a “proposal” distribution (e.g., normal, centered on the current value $\theta_{ik}$). The joint posterior density is then computed at $\theta_{ik}$ and $\theta_{ik}'$ (up to a proportionality constant, using Equation 9). Label these two density values $\pi$ and $\pi'$. If the ratio $\pi'/\pi$ exceeds 1, the new value $\theta_{ik}'$ is accepted and replaces $\theta_{ik}$; otherwise, $\theta_{ik}'$ is accepted only with probability $\pi'/\pi$. In case of rejection of $\theta_{ik}'$, the value $\theta_{ik}$ is kept. After (eventually) updating all components of $\theta$ sequentially, their values are recorded, which completes one iteration of the Markov chain. Many iterations are typically needed. It has been shown that under some regularity conditions (i.e., the Markov chain has to be irreducible, aperiodic, and positive recurrent), the chain converges toward the distribution of interest, i.e., the joint posterior distribution. This means that after a sufficient number of iterations, the samples generated by such a process can be considered approximate samples from $p(\theta|y)$, and thus can be used to make inferences. Implementation details (e.g., how to choose the proposal distribution) and techniques to monitor convergence are well described in the literature ($102,103,109–111$) and will not be discussed here. Briefly, the main desired characteristics of the proposal distribution are related to ease of simulation and approximation of the posterior distribution.

MCMC methods provide joint distributions of parameter estimates appropriate for uncertainty analyses because they account for the full dependence structure between parameter estimates. They are directly usable as inputs for uncertainty analysis of exposure–dose relationships.

MCMC methods can actually be viewed as extensions of the traditional or standard Monte Carlo methods for uncertainty analysis.
information about some parameters, the corresponding posteriors are equal to the priors and this approach becomes equivalent to standard Monte Carlo sampling from the priors.

Analyzing MCMC outputs. MCMC sampling methods provide joint multivariate samples of parameter values from $p(\theta|y)$. Posterior means, SDs, and quantiles of any single (or set of) component(s) of $\theta$ can be estimated from these samples by computing their equivalent in the MCMC output. As an illustration, we present some results obtained by calibrating, within a Bayesian hierarchical framework, the TK model depicted in Figure 2 with the data of Bernillon et al. (55). These data consisted in concentration–time profiles of TETRA in air and blood and TCA in blood and urine, followed for 1 week after exposure for six volunteers exposed once or twice to 1 ppm TETRA for 6 hr.

Histograms can be used to represent the marginal distribution of individual or population parameters. Figure 6A is a histogram of the estimates of TETRA clearance (mean, 0.17 L/min; SD, 0.05) for subject A. Figure 6B is a histogram of the distribution of the population mean of TETRA clearance (mean, 0.16 L/min; SD, 0.03) for the six subjects studied. The distribution of the population mean was slightly skewed.

In Bernillon et al. (55), four of the six subjects studied underwent repeated exposures to TETRA; intrindividual variability was thus assessed in addition to interindividual variability. This was achieved by adding one level to the hierarchy: the first level was the occasion level (where the observations were available); at the individual level, occasion-specific parameters were supposed to vary among exposures around a subject-specific mean; at the population level, these subject-specific means were supposed to vary among individuals. Figure 7 illustrates the posterior distributions of TETRA clearance at each of these three levels: occasion, individual mean, and population mean. For display purposes, the distributions are approximated by normal (occasion-level parameters) or lognormal (individual or population mean parameters) distributions, whose means and SDs have been computed on the posterior samples. A subject’s average clearance estimate is not only influenced by his occasion-specific estimates but also by the population mean. In other words, sharing information across individuals and occasions occurs through the hierarchical structure.

In the six-subject sample studied, interindividual differences in clearance reached a factor of 1.2 (between subjects A and C); intrindividual (i.e., interoccasion) variability reached a factor of 1.3 (subject C). Inference for a larger population is given by the size of the posterior interindividual and intrindividual variances, whose corresponding coefficients of variation were estimated at 33 and 18%, respectively. Using the population parameter estimates, it is possible to simulate additional hypothetical individuals.

Correlations between parameters can also be studied through correlation matrices (estimated from the MCMC output) or simple scatterplots. Figure 8 illustrates the correlation between the occasion-specific estimates of TETRA clearance and the TETRA central/air partition coefficient for subject A. These two parameters are negatively correlated ($\hat{r} = -0.33$).

Distributions of model predictions of toxicologic interest can also be easily obtained.
Figure 9 gives the posterior distributions of the fraction of TETRA metabolized by the six individuals studied, for each occasion of exposure. These results were obtained by running the TK model once for each of 3,000 vectors from the MCMC outputs for each individual and occasion-specific parameters, simulating a 1 ppm exposure to TETRA for 6 hr. Large intraindividual variability is observed following those of TETRA clearance estimates (Figure 7). Estimates of the fraction of TETRA metabolized after 1 ppm 6-hr exposures range from 14% (subject C, occasion 2) to 25% (subject D, occasion 1). This tends to confirm our results obtained by extrapolating the results obtained by calibration of a PBTK model to high-exposure data (70 and 140 ppm) (38).

After calibration, residual (posterior) uncertainty is reflected by the range of parameter estimates. For each parameter, an estimate of variability is given by the location of the corresponding (intraindividual, interindividual) variance parameter. Note that the variance parameters are themselves affected by uncertainty.

Sensitivity analyses. Bayesian analyses call for the specification of prior distributions. A legitimate question is the sensitivity of the results (either posterior parameter estimates or model predictions) with respect to the choice of those priors. It is therefore recommended that diagnostics of sensitivity be performed. That is quite easy to do after MCMC sampling, for example, by plotting and analyzing the correlations between results and sampled parameter values (39). The prior assumptions about the parameters that strongly influence the results can be further evaluated. It is possible, for example, to study the effect of changing prior specifications.

The question of sensitivity to the priors can also be answered generally. Note first that the choice of priors should always be transparent, i.e., fully stated, to allow useful discussion of the results. Clearly, the choice of priors for noninfluential parameters should not be a problem. For influential parameters, the priors used can either be vague or informative (i.e., biologically motivated and knowledge based) and the posteriors distributions can be either prior- or data-driven. Four major cases can therefore be envisioned:

- Both prior and posterior are vague (the data brought no information). The results will be prior dependent and more information should be acquired either in form of prior knowledge or additional data.
- The prior is vague, but the posterior is informative (the data are driving the estimates). In that case, the conclusions should be robust with respect to the prior.
- The prior is informative and reinforced by the data (data and prior agree). Here also, if the data are strongly informative, the conclusions should be robust. When the relative weight of prior and data is less clearcut, further checks of sensitivity are warranted.
- The prior is informative but the data conflict with it. The conclusions will be prior dependent, but in that case the model, the prior, and the data should be questioned to resolve the discrepancy.

**Perspectives**

The objective of this article was to present a Bayesian statistical approach to the analysis of population TK models, which offers a number of advantages over previously proposed approaches. The proposed methodology is far from definitely established and several issues still must be resolved. For example, several modeling assumptions are involved, particularly within the population model, that should be further validated. Hopefully, experience gained from population analyses using simpler models can be transposed to PBPK models. Another task is to reduce the associated computational burden so as to quickly explore alternative models. Simple MCMC samplers can sometimes converge slowly or even fail to converge. Improved algorithms recently have been proposed (103,112–115) and should be tested. In addition, the definition of prior distributions is not always an easy task because of data accessibility. Although it is well known that TK parameters exhibit inter- or intraindividual variability in humans (and other species), the only values readily available and those commonly used on physiological modeling are reference values for young Caucasian males. The use of reference values artificially reduces estimates of population variance. Information about population variability may eventually be found by researching the original publications, but even these often lack adequate statistical treatment. Data about the shape of the distributions are even harder to find. A database giving population distributions of important physiological parameter values together with their correlations is needed. Such a database would be useful for all types of physiological modeling and for both toxicants and drugs. Despite these limitations, experience has been sufficient to demonstrate that the Bayesian approach provides reasonable estimates of uncertainty and variability of TK model parameters and predictions.

Is it worth making the computational effort implied by such an approach? The answer to that question is a matter of choice and scientific judgment. A PBTK model with standard parameter values might be sufficient for simple exploratory analyses or for theoretical work on model structure. Alternatively, for the full analysis of a data set or for risk assessment purposes, a formal model calibration along the lines presented here appears necessary. For example, in a scientific data analysis context, Smith (116) illustrated, in the case of occupational exposure to gasoline, how PBTK and pharmacodynamic models could be combined with epidemiological data to evaluate concurrent reasonable hypotheses concerning mechanisms of toxicity. The statistical framework described in this article is convenient in such a setting because distributions of internal doses are more suitable than average point estimates in comparing alternative hypotheses. We have shown how to extend the methodology for optimal designing of occupational monitoring programs or TK studies (79).

This approach is also particularly suited for risk assessment and decision making. For example, population extrapolations can be accomplished if the factors responsible for heterogeneity (e.g., body weight, breathing rate, metabolic constants) are among the list of model parameters. In this case, the population distributions obtained for these parameters, from fitting datasets with few volunteers,
can be changed to better reflect the range of values found in the general population or in sensitive subpopulations (e.g., children). Alternatively, if these parameters are measured for each volunteer and introduced as fixed covariates during the calibration procedure (117), they can be replaced by distributions when making predictions. In this way, the predictions of interest (e.g., internal metabolite dose, fraction metabolized) can be extrapolated beyond the group of individuals used for calibrating the model. Note that this statistical approach also can be used to calibrate the other (e.g., fate and transport, cancer effects) models used in risk assessment (118).

Finally, one of the challenges of toxicological modeling is the full exploitation of the numerous datasets collected during epidemiological or occupational hygiene studies, generally in settings in which exposure concentrations are unknown. Most of the time, exposure is represented in a considerably simplified and approximate manner, which can be misleading. It is possible using the above statistical framework to consider exposure as one of the estimands. A major problem, however, resides in accounting fully for the uncertainties stemming from unknown time-varying exposures. The impact of particular functional form for the time evolution of exposure has not yet been thoroughly studied and validated. We are confident that as progress is made toward answering such questions, TK modeling will become a more powerful and widespread tool for toxicity and risk assessments.

REFERENCES AND NOTES


