Long-term exposure to environmental concentrations of the pharmaceutical ethynylestradiol causes reproductive failure in fish

To cite this version:
Long-Term Exposure to Environmental Concentrations of the Pharmaceutical Ethynylestradiol Causes Reproductive Failure in Fish

Jon P. Nash,1,2,3 David E. Kime,1 Leo T. M. Van der Ven,4 Piet W. Wester,4 François Brion,5 Gerd Maack,3 Petra Stahlschmidt-Allner,6 and Charles R. Tyler3

1Animal and Plant Sciences, University of Sheffield, Sheffield, United Kingdom; 2Laboratory of Aquatic Ecology, Katholieke Universiteit Leuven, Leuven, Belgium; 3School of Biological Sciences, University of Exeter, Exeter, United Kingdom; 4Rijksinstituut voor volksgezondheid en milieu (RIVM), Bilthoven, The Netherlands; 5Institut national de l’environnement et des risques (INERIS), Verneuil-en-Halatte, France; 6Hessisches Landesamt für umwelt und geologie (H Lug), Wiesbaden, Germany

Major worldwide attention has focused on the possibility that disruption of reproductive systems by endocrine-disrupting chemicals (EDCs) may be affecting the reproductive health of wildlife populations (Guillette and Gunderson 2001; Kime 1998; Tyler et al. 1998; Van Der Kraak 1998) and possibly, of humans (Colborn and Clement 1992; Ohtake et al. 2003). In fish, exposure to EDCs alters their reproductive physiology and morphology (Kime 1998; Tyler et al. 1998), resulting in, for example, the induction of female-specific proteins in male fish (Tyler and Routledge 1998), induction of gonopodia in females (Bortone and Davis 1994), reduced sperm counts (Haubruege et al. 2000), skewed sex ratios (Larsson et al. 2000), and prevalence of intersexuality (Jobling et al. 1998). Concern over the effects of EDCs on wildlife is driven by the hypothesis that disruption to the reproductive system may have serious deleterious consequences on the reproductive success of populations, but there is little evidence bearing on this expectation. An exception to this in a natural population is recent work on the roach (Rutilus rutilus); this study shows that sexual disruption (intersex) as a consequence of exposure to sewage treatment works effluents (STWs)—which contain a complex mixture of EDCs—results in gametes with reduced fertilizing capacity, as determined by in vitro studies (Jobling et al. 2002b). Direct population-level consequences of exposure to a specific EDC are known only for the antifouling agent tributyltin, which disrupts steroidogenesis, inducing an imposex condition that reduces reproductive success and causes localized extinctions in marine gastropods in the United Kingdom (Gibbs et al. 1991; Matthiessen and Gibbs 1998).

Many EDCs have a weak capacity to disrupt reproductive function. In contrast, natural steroid estrogens control sexual differentiation and/or development in vertebrates and are potent modulators of sexual development and capacity (Bern 1992; Dawson 1998; Nagahama 1994; Strussmann and Nakamura 2002). Steroidal estrogens in effluents from STWs are believed to be responsible for, or contribute to, the feminized responses in some wild fish (Jobling et al. 1998, 2002a) and include the natural estrogens estradiol (E2) and estrone (E1) and the synthetic estrogen EE2, a component of the contraceptive pill (Desbrow et al. 1998; Tyler and Routledge 1998). In Europe, EE2 is present in effluents and surface waters at concentrations between 0.5 and 7 ng/L (Desbrow et al. 1998; Larsson et al. 1999; Ternes et al. 1999) but in some cases up to 50 ng/L (Ahern and Briggs 1989). A recent study of 139 streams in the United States found that 5.7% had concentrations > 5 ng/L (Kolpin et al. 2002a). In that study extremely high concentrations of EE2 up to 273 ng/L were reported at some riverine sites, but these figures may be overestimations and they are controversial (Kolpin et al. 2002b). EE2 concentrations are generally lower in surface waters than are natural steroid estrogens, but the potency of EE2 in fish is 10- to 50-fold higher than that of E2 and E1 in vitro (Segner et al. 2003b; Thorpe et al. 2003) due to its longer half-life and tendency to bioconcentrate (65% in fish and 10,000-fold in mouse body tissues and bile, respectively) (Lange et al. 2001; Larsson et al. 1999). In fish, for example, only 0.1 ng/L EE2 induces vitellogenin (VTG) yolk precursor (Purdum et al. 1994), 0.1-15 ng/L can affect normal sexual development and differentiation (Andersen et al. 2003; Metcalfe et al. 2001; van Aarle et al. 2002; Van den Belt et al. 2003; Weber et al. 2003), 2–10 ng/L can affect fecundity (Lange et al. 2001; Scholz and Gutzeit 2000; Van den Belt et al. 2002), 10 ng/L affects reproductive behavior (Balch et al. 2004), and 1–10 ng/L can reduce the fertilization success or viability of embryos from exposed adults (Hill and Jantz 2003; Lange et al. 2001; Segner et al. 2003a). Thus, given its concentration in the environment, EE2 is potentially a major contributor to reproductive dysfunction in wild fish populations.

An overall aim of our research was to test whether there are any population-level...
consequences to reproductive dysfunction(s) induced by exposure to environmentally relevant levels of EDCs. Because of a number of confounding factors (e.g., larval dispersal, adult migration, etc.; Elliott et al. 2003) it is difficult to directly determine the population-level consequences of endocrine disruption on reproductive success in wild fish populations; even where it is possible to correlate levels of contamination with endocrine disruption and the consequential reproductive dysfunction with reproductive failure, this does not necessarily prove a direct cause-and-effect relationship. For these reasons, one approach to understanding the population-level consequences of reproductive dysfunction is to measure the impact of pollutants on reproductive success in model species bred under laboratory conditions (e.g., Balch et al. 2004; Hill and Janz 2003; Lange et al. 2001), an approach we have taken in our study. Reduced reproductive success may result from disruption of reproductive development, reduced female fecundity and male vitality, altered reproductive behavior, and/or disruption of the normal breeding dynamics. Little attention has been directed to the latter (Balch et al. 2004). To fully assess the potential of EDCs to disrupt reproduction, multigenerational full life-cycle exposures are needed that consider all relevant life stages and developmental endpoints; even where fish have been exposed over their whole life-cycle, the impact of any resulting reproductive dysfunction on their reproductive output has mostly been overlooked in earlier studies (Mertcalfe et al. 2001; Van den Belt et al. 2003). A major goal of this study was to determine which stages or reproductive components are relatively most sensitive to endocrine disruption in terms of population-level impairment or failure to allow better priority and focus for future studies. We therefore determined impacts on reproductive success in fish populations over multiple generations and the mechanisms of reproductive impairment/failure investigated using environmentally relevant concentrations of EE1 and E2. Our chosen species for this work was the zebrafish because its short generation time facilitates the life-long and multigenerational chemical exposures; it is a group-spawner (a common breeding system in fish); and, most importantly, small populations will spawn naturally in the laboratory without any manipulation.

Materials and Methods

**Fish culture and husbandry.** Wild-type zebrafish (Danio rerio, WIK strain; Max Plank Institute, Tubingen, Germany) maintained out-bred for three generations since capture were bred in our laboratory for one generation in clean freshwater before their use in this study. Adult fish were fed ad libitum twice daily on Artemia nauplii. Fry 5–12 days postfertilization (dpf) were fed a special fry diet and cultured rotifers, Brachionus calyciflorus. Artemia nauplii were hatched in synthetic seawater and rotifers reared in synthetic freshwater.

Populations were maintained and exposed to steroidal estrogens in 192 flow-through 18-L glass aquaria. An egg collection system allowed daily embryo collection without disturbance of the adult populations. Natural conditions were mimicked for optimal breeding; with a 13 h light:11 h dark photoperiod, artificial dawn/dusk, and water temperature of 28.5 ± 0.5°C (differences between tanks < 0.5°C throughout). Aquaria contained artificial weed for refuge and spawning substrate (glass marbles). Eggs were collected 1 h after dawn. Embryos were maintained in 50 mL culture vessels modified for continuous flow-through before release into aquaria at 9 dpf.

**Water quality and chemical dosing.** Tap water was filtered with activated charcoal and reverse osmosis (RO: Osmonics E625 with cellulose membranes; GE Water and Process Technologies, Trevose, PA, USA). RO water was reconstituted with Analar grade mineral salts to standardized synthetic freshwater, to concur with U.S. Environmental Protection Agency (EPA) guidelines (U.S. EPA 1986). Water was aerated and heated to 28.5°C in a reservoir before it was supplied to each aquarium at a rate of 9 L/day to provide an exchange of 3 L/g biomass/day (U.S. EPA 1986). Aquarium water was continuously monitored for temperature, pH, and conductivity and routinely measured for carbonate hardness, oxygen, chlorine, iron, ammonia, nitrate, nitrite, and periodically for 142 pollutants; all were within acceptable limits of U.S. EPA guidelines (U.S. EPA 1986). The chemical (and control) aquaria were exposed to environmentally relevant concentrations of EE1 and E2, the latter (Balch et al. 2004). To fully assess the potential of EDCs to disrupt reproduction, multigenerational full life-cycle exposures are needed that consider all relevant life stages and developmental endpoints; even where fish have been exposed over their entire life-cycle, the impact of any resulting reproductive dysfunction on their reproductive output has mostly been overlooked in earlier studies (Mertcalfe et al. 2001; Van den Belt et al. 2003). A major goal of this study was to determine which stages or reproductive components are relatively most sensitive to endocrine disruption in terms of population-level impairment or failure to allow better priority and focus for future studies. We therefore determined impacts on reproductive success in fish populations over multiple generations and the mechanisms of reproductive impairment/failure investigated using environmentally relevant concentrations of EE1 and E2. Our chosen species for this work was the zebrafish because its short generation time facilitates the life-long and multigenerational chemical exposures; it is a group-spawner (a common breeding system in fish); and, most importantly, small populations will spawn naturally in the laboratory without any manipulation.

**Materials and Methods**

**Fish culture and husbandry.** Wild-type zebrafish (Danio rerio, WIK strain; Max Plank Institute, Tubingen, Germany) maintained out-bred for three generations since capture were bred in our laboratory for one generation in clean freshwater before their use in this study. Adult fish were fed ad libitum twice daily on Artemia nauplii. Fry 5–12 days postfertilization (dpf) were fed a special fry diet and cultured rotifers, Brachionus calyciflorus. Artemia nauplii were hatched in synthetic seawater and rotifers reared in synthetic freshwater.

Populations were maintained and exposed to steroidal estrogens in 192 flow-through 18-L glass aquaria. An egg collection system allowed daily embryo collection without disturbance of the adult populations. Natural conditions were mimicked for optimal breeding; with a 13 h light:11 h dark photoperiod, artificial dawn/dusk, and water temperature of 28.5 ± 0.5°C (differences between tanks < 0.5°C throughout). Aquaria contained artificial weed for refuge and spawning substrate (glass marbles). Eggs were collected 1 h after dawn. Embryos were maintained in 50 mL culture vessels modified for continuous flow-through before release into aquaria at 9 dpf.

**Water quality and chemical dosing.** Tap water was filtered with activated charcoal and reverse osmosis (RO: Osmonics E625 with cellulose membranes; GE Water and Process Technologies, Trevose, PA, USA). RO water was reconstituted with Analar grade mineral salts to standardized synthetic freshwater, to concur with U.S. Environmental Protection Agency (EPA) guidelines (U.S. EPA 1986). Water was aerated and heated to 28.5°C in a reservoir before it was supplied to each aquarium at a rate of 9 L/day to provide an exchange of 3 L/g biomass/day (U.S. EPA 1986). Aquarium water was continuously monitored for temperature, pH, and conductivity and routinely measured for carbonate hardness, oxygen, chlorine, iron, ammonia, nitrate, nitrite, and periodically for 142 pollutants; all were within acceptable limits of U.S. EPA guidelines (U.S. EPA 1986). The chemical (and control) aquaria were dosed independently at 20 mL/hr by a medical diroff system fed from a 2.5-L glass aspirator, and dosing rates were checked twice daily. 17α-Ethynylestradiol [17α-ethinyl-1,3,5(10)-estratriene-3,17β-diol] and estradiol [1,3,5(10)-estratriene-3,17β-diol] were initially dissolved in 100% ethanol at 1 mg/mL and serially diluted with sterile (treated with ultraviolet radiation) distilled water to a final stock concentration of 50 ng/mL. Fresh final stocks were made every 10 days and stored at 5°C. Aspirators were refilled every fourth day. Nominal estrogen doses were 0.5, 5, and 50 ng/L for EE2 and 5 ng/L for E2. The ethanol concentrations administered to aquaria were < 0.05 µL/L. Steroids were extracted from 5 L water samples for the EE2 (0.5 and 5 ng/L only, because the 50 ng/L treatment was terminated at an early phase of experimentation) and E2 (5 ng/L) using solid-phase extraction and measured by gas chromatography-mass spectrometry (Kelly 2000), with a detection limit of 0.1 ng/L.

**Impact of multigenerational estrogen exposure on reproductive success.** The main measures of reproductive success used in our study were the number of eggs produced by each population and the proportion of these eggs that were not viable at 14 hr postfertilization (hpf; the mid-segmentation period) (Kimmel et al. 1995). The total reproductive success at 14 hpf was therefore the total number of viable embryos surviving to this stage. We used 14 hpf because infertile or dead embryos can be quickly differentiated from healthy embryos at this stage. Egg viability at 14 hpf was therefore a cumulative figure that includes the impact of unfertilized eggs plus embryo mortality during embryogenesis. Fertilization failure was differentiated from embryo mortality only in selected groups using time lapse videography to determine the mechanism(s) of reproductive failure.

At the beginning of the study 720 adult (204 dpf) fish of mixed sex were randomly allocated to 60 aquaria (12 fish/aquarium) and acclimated for 14 days under egg collection conditions. Egg numbers and viability at 14 hpf were assessed in all groups in this F0 generation for 5 days before starting exposures. Tanks for the 12 replicates of the five treatments were randomly allocated using Latin square randomization in both vertical and horizontal gradients, and all experimentation was run blind of treatments. Steroid treatments were then initiated by flushing aquaria with 36 L estrogen-treated water 1 h after spawning (day 0), and reproductive success was assessed over the following 15 days. The surviving F1 embryos were all reared to 100 hpf under continuous estrogen exposure, and the rate of embryo mortality/survival was assessed. We assessed the integrity of the surviving larvae, the proportion of embryos with developmental abnormalities, and the speed of development (proportion hatch and spine curvature) at 100 hpf as described by Kimmel et al. (1995). After the F2 generation had been exposed for a further 25 days (40 days of exposure total), we again assessed reproductive success (egg numbers and viability at 14 hpf), 100 hpf embryo mortality, and larval integrity of the resulting F2 offspring in eggs arising from 3 days of spawning. The surviving F2 embryos from these 3 days were then pooled within each replicate and reared to adulthood under continued exposure to form the F3 exposure generation. The age of the fish is stated as a single day postfertilization although, because the eggs were pooled over 3 days, the actual age may vary by up to an additional 48 hr. At 29 dpf, they were divided between two tanks (24 tanks/treatment) and maintained to 52 dpf, whereby survival and growth rates were determined. These fish were then pooled and randomly redistributed within treatments to provide 28 individuals/tank. At 72 and 124 dpf, populations were further reduced to 18 and 12 adults/tank, respectively. After the F3 generation had been exposed over their entire
life time (210 dpf), their reproductive success was measured for 10 days. Any resulting $F_2$
progeny were continually exposed to the estrogen treatments, and embryo survival/larval
integrity was measured at 100 hpf.

**Analysis of estrogenic disruption and reproductive failure.** Life-stage sensitivity,
transgenerational impacts, and recovery from estrogen exposure. To determine which life
stage(s) were primarily responsible for any reproductive failure and to test for any trans-
genotypical effects, we exposed different sub-
groups to various regimes of noncontinuous estrogen exposure. Eggs were collected over a
4-day period from each treatment group in the $F_0$ generation 16–19 days after the start of
exposure (i.e., after the main egg collection period on days 0–15). In this first subgroup,
the eggs from six of the 12 replicate tanks from each treatment (0.5 and 5 ng/L EE$_2$
and control) were removed from the
continuous treatment 1 hpf and reared to
100 hpf in clean water. Egg numbers and
viability to 14 hpf and embryo survival/integrity to 100 hpf were compared between the $F_0$
parent-only exposure, the continuous $F_1$
treatment, and the unexposed control group.
To test for any transgenerational effects of
parental exposure on adult reproductive
integrity in their offspring, we set up a second
subgroup in which the $F_1$ generation was
reared to adulthood in clean water. Eggs were
collected from the $F_0$ generation over 5 days
from five replicate tanks in each treatment
group (0.5 and 5 ng/L EE$_2$, 5 ng/L E$_2$ and
control) 29 days after the start of exposure.
These fish were then reared to adulthood,
when end points of reproductive success, adult
health, and embryo survival were measured at
the same time as the main multigenerational
exposure experiment, as described above.

To examine the ability of fish to recover from
the effects of estrogen treatments on sex-
ual differentiation and gonadal development,
we established a third subgroup in which the $F_1$
generation was removed from the treatments
at 75 dpf and reared to adulthood in clean water.
In this subgroup, we set up three replicate
populations of mixed sex juveniles from each
treatment (0.5 and 5 ng/L EE$_2$, 5 ng/L E$_2$
and controls) using the excess fish removed from the
main treatments at 75 dpf to reduce stocking
densities; these fish were reared to adulthood in clean water. Reproductive success, adult health,
and $F_2$ embryo survival/integrity were measured in this subgroup at the same times as for the
fish in the main multigenerational experiment.

**Male replacement experiments.** To inves-
tigate the cause(s) of reproductive failure in the 5 ng/L EE$_2$ treatment group after life-long
exposure, males were removed from one-half of the replicate populations in the control
group 20 days after embryo collection (240 dpf) to create an all-female group ($n = 6$)
and leaving a mixed-sex control group ($n = 6$); we also replaced two EE$_2$-exposed males with
two control males in one-half of the replicate
populations in the 5 ng/L EE$_2$ exposure group
to create two groups ($n = 6$), with or without
additional healthy males. There was no dosing
with EE$_2$ during this phase of the experiment.
The fish were acclimated, and egg numbers and
egg viability were subsequently assessed
over 5 days.

**Adult health and growth.** In the $F_0$
generation after 40 days of exposure, a total of
571 fish from 10 of the 12 replicates of each
treatment were anesthetized, and weighed
(wet weight, milligrams), and blood samples
were collected from the caudal sinus. Gonads
were dissected to determine gonadosomatic index (gonad weight as a percentage of body
weight). Blood was centrifuged at 3,000 $\times g$
for 8 min and the hematocrit value measured
in all samples. In the $F_1$ generation (after full
life-cycle exposure, 314 dpf), 284 adults from six replicate tanks in each of the remaining
exposure groups (0.5 ng/L and 5 ng/L EE$_2$
treatments with no $F_1$ exposure; 0.5 and
5 ng/L EE$_2$ and 5 ng/L E$_2$ treatments with
exposure stopped at 75 dpf in $F_1$) were
weighed; we then collected blood samples and
determined the hematocrit value. Whole fish
were fixed in Bouin’s fixative and embedded
in paraffin, and the gonad region was sec-
tioned to 4 µm, stained, and analyzed by light
microscopy. Histologic analysis was con-
ducted blind of treatment and was undertaken in
three independent laboratories.

**Fertilization success, sperm quality.** Time-lapse image capture was used to assess
whether reductions in egg viability were due to
reduced fertilization success or embryo
mortality at 14 hpf. Digital images of four
developing embryos were taken every 5 min
1 to 24 hpf and repeated for $> 10$ days per
treatment. To assess sperm quality in $F_1$
controls and 5 ng/L EE$_2$ treatments only, males
were stripped manually of expressible milt
1 hr before dawn, and the activated sperm
was examined using video microscopy (Kim
et al. 1996).

**Plasma vitellogenin and steroids.** Whole-
body VTG concentrations were measured by
enzyme-linked immunosorbent assay (ELISA),
as described by Brion et al. (2002), in all
12 adults from four and three replicate tanks
within each treatment sampled in the $F_0$ and
$F_1$ generations, respectively. We assayed E$_2$
and 11-ketotestosterone (11-KT) by ELISA
(Nash et al. 2000) in 2 individuals from each
of the eight replicate groups in each treatment
($n = 8$) for the $F_0$ generation only.

**Statistical analyses.** Data were checked for
normality using the Ryan-Joiner test and
assessed over 5-day intervals to normalize mea-
surements across the tanks; because females
have a spawning periodicity of around 1.9 days
(Eaton and Farley 1974), each female spawns at
least once during a 5-day period. No significant
differences in egg production occurred during
the four consecutive 5-day periods in the $F_0$
treatments only, males were undetectable
(< 0.1 ng/L) in the control group tanks and
were between 90 and 100% of nominals:
$F_2$ controls (mean, 0.27, $n = 12$, on 5-day
nested means).

**Exposure concentrations of estrogens.** Measured mean concentrations of EE$_2$ and
E$_2$ were between 90 and 100% of nominal:
EE$_2$ (mean ± SEM) concentrations were 0.5
± 0 ng/L (0.5 ng/L EE$_2$), 4.5 ± 0.3 ng/L
(5 ng/L EE$_2$), and E$_2$ 4.8 ± 0.1 ng/L (5 ng/L
EE$_2$). EE$_2$ and E$_2$ were undetectable
(< 0.1 ng/L) in the control group tanks and
E$_2$ was undetectable (< 0.1 ng/L) in the EE$_2$
treatments. Mean ± SEM E$_2$ concentrations
in the control and treated tanks ranged

---

**Results and Discussion**

**Natural variation in fecundity.** The average
fecundity of this wild type strain of zebrafish
was around 13 eggs/female, which is about
50% lower than that in some other inbred
lines that have been selected for growth and
reproductive output (Eaton and Farley 1974;
Ensenbach and Nagel 1997). We found con-
siderable variation in the numbers of eggs
spawned daily in the zebrafish populations
(Figure 1A,B), highlighting the need for exten-
sive replication in studies of this nature. Our
purpose, however, was to provide an experi-
mental system that includes this natural varia-
tion found in wild populations. Cumulative
and nested egg production was subsequently
assessed over 5-day intervals to normalize mea-
surements across the tanks; because females
have a spawning periodicity of around 1.9 days
(Eaton and Farley 1974), each female spawns at
least once during a 5-day period. No significant
differences in egg production occurred during
the four consecutive 5-days in the $F_0$
tests.
between 0.5 ± 0.1 and 1.1 ± 0.1 ng/L and probably originated as an excreted product from the fish. There are no data on the effects of E2 in zebrafish, but in the rainbow trout, reproductive effects occur only at doses 3 orders of magnitude higher than the E2 concentrations found in the exposure aquaria (Thorpe et al. 2003). We used nominal steroid concentrations to describe the exposures in this study.

**Impacts of estrogen exposure on reproductive success during multigenerational exposure.**

**F0 generation.** For the 5-day period prior to the start of the estrogen exposures, we found no significant differences in egg numbers (F = 0.96, p = 0.43, n = 12), numbers of nonviable eggs at 14 hpf (F = 1.16, p = 0.34, n = 12), or level of mortality at 100 hpf (F = 0.91, p = 0.47, n = 12) between all five experimental groups (n = 12). There were also no differences in the reproductive output between the control groups in the F0 generation compared with the F1 generation, either in egg numbers (F = 0.52, p = 0.47, n = 12), nonviable eggs at 14 hpf (F = 0.11, p = 0.52, n = 12), or embryo mortality at 100 hpf (F = 0.45, p = 0.51, n = 12) for pooled 15- and 10-day means in each generation. A mean of 91.5% of the eggs were fertilized and survived to 100 hpf (posthatch) in all treatments before exposure and in control treatments throughout the experiment. This level of fertilization and survival is high when compared to similar studies on zebrafish (Hill and Janz 2003), sheepshead minnows (Cyprinodon variegatus; Zillioux et al. 2001), and medaka (Oryzias latipes; Balch et al. 2004), where lower survival (70, 65, and 62%, respectively) in controls probably relates to suboptimal breeding conditions or stresses associated with embryo culture.

The short term exposure to 50 ng/L EE2 in the F0 generation caused a time-related reduction in egg production and egg viability to 14 hpf (Figure 2; two-way ANOVA for all cases: n = 12, p < 0.01) and no survival of their F1 offspring to 100 hpf. After 10 days exposure there was complete reproductive failure (no egg production) in the 50 ng/L EE2 exposure group. These data support previous findings for high dosage, short-term effects of EE2 (Lange et al. 2001; Scholz and Gutzeit 2000; Seki et al. 2002; Van den Belt et al. 2002; Zillioux et al. 2001), and this treatment was subsequently terminated. There were no effects, however, of any other estrogen treatment on numbers and viability of eggs from the F0 generation at 14 hpf (Figure 2), embryo mortality in the F1 generation (F = 0.36, p = 0.78, n = 12), or impacts on larval integrity at 100 hpf; the proportion of developmental abnormality, hatch rate, and level of spine curvature were all not significantly different from controls; p > 0.05 for all cases. Similarly, we found no effects after an additional 26-day exposure (40 days continuous exposure) to 0.5 ng or 5 ng/L EE2 or 5 ng/L E2 on egg production (F = 1.31, p = 0.28, n = 12), egg nonviability (F = 1.30, p = 0.28, n = 12), or F1 mortality to 100 hpf (F = 1.71, p = 0.18, n = 12) and larval integrity (p > 0.05 for all cases) at 100 hpf.

Mean cumulative survival at 52 dpf was between 66% and 79%, with no differences (F = 1.1, p = 0.35, n = 12) between the

![Figure 1. Between-tank and between-day variations in number of eggs over a 20-day period. (A) Total number of eggs in five random control tanks. (B) Mean (± SEM) number of eggs for the same tanks.](image-url)

![Figure 2. Reproductive success in the F0 generation of zebrafish exposed to 0.5, 5, and 50 ng/L EE2, 5 ng/L E2, and unexposed controls for three consecutive 5-day periods: (A) 1–5 days, (B) 6–10 days, and (C) 11–15 days. Total bar length indicates the total number of eggs per tank (mean ± SEM; top error bar). The lighter bar indicates total survival of viable eggs at 14 hpf (mean ± SEM; bottom error bar). The black section indicates the number of nonviable eggs at 14 hpf. *Significant decrease in egg number and 14 hpf viability when compared with the control group for each period, and increase in rate of nonviable eggs when compared with the same group in [A]; ANOVA, all cases n = 12, p < 0.01, post hoc analysis against control treatments by Dunnet’s test with p > 0.05.](image-url)
Ethynylestradiol causes reproductive failure in fish treatments. This rate of survival is high for cultured zebrafish embryos (Ensenbach and Nagel 1997) and was higher than a comparable study (50%; Hill and Janz 2003). Most (98%) of this mortality occurred during the first stages of exogenous feeding and was not related to treatment. There were no effects of the estrogen treatments on growth at 52 dpf (mean = 65–80 mg, F = 1.45; p > 0.24, n = 12). The morality rate between 52 dpf and 7 months of age was < 0.2% throughout, and we found no differences (F = 0.65, p > 0.63, n = 12) in fish weight between treatments for either sex at the end of the experiment when fish were slaughtered (9 months; mean = 232–349 mg).

**F1 generation.** In complete contrast, life-long exposure (210 dpf) to 5 ng/L EE2 resulted in complete reproductive failure in the F1 generation, with no viability in the eggs at 14 hpf (Figure 2). We found no viable eggs in almost 12,000 spawned (F = 7.6, p < 0.001). Egg production was also reduced in fish in the 0.5 ng/L EE2 exposure group, approximately 42–45% of that of the control for the two successive 5-day assessment periods (Figure 3; F = 207, p < 0.001). We found no effects of either 0.5 ng/L EE2 or 5 ng/L EE2 on egg numbers, but proportions of nonviable eggs/total eggs spawned at 14 hpf in both of these treatments were more than twice that in the controls (F = 207, p < 0.001; post hoc comparisons with p < 0.05). A large variation in egg numbers, however, meant that these effects on viability at 14 hpf did not affect total reproductive success at 14 hpf (i.e., total number surviving 14 hpf) in the 0.5 ng/L EE2 or 5 ng/L EE2 treatments (Figure 2). The rate of embryo mortality to 100 hpf in the surviving F2 embryos was low (< 1%) and not significantly increased by these low exposures (F = 0.63, p < 0.48, n = 12). Larval integrity (proportion of developmental abnormality, hatch rate, and level of spine curvature) of the F2 embryos at 100 hpf in these surviving groups was also not affected.

Two recent studies have also examined the impact of full life-long exposure to EE2 on reproductive success in other fishes. Lange et al. (2001) found that life-long exposure to 0.2 and 1 ng/L EE2 in the fathead minnow (Pimephales promelas) caused 20 and 35% reductions, respectively, in the offspring’s hatching success and no impact on fecundity, which was comparable with the impact of our 0.5 ng/L EE2 exposure. In the Lange et al. study, however, the impact on reproductive success of a higher dose (4 ng/L EE2), one similar to that which would have caused complete reproductive failure in our study (5 ng/L EE2), was not tested because it was not possible to sex these fish for the pair-wise breeding setup used. In a study on medaka, Balch et al. (2004) found no significant effects of life-long exposure at lower doses (0.2 and 1 ng/L EE2), but at 10 ng/L EE2 (there was no intermediate dose) they found complete reproductive failure, which was related to suppressed reproductive activity.

Thus, life-long exposures to very low and environmentally relevant concentrations of EE2 have severe and deleterious effects on reproductive success for breeding populations of zebrafish, and there is evidence that these strong effects will occur in other species at similar concentrations (Balch et al. 2004; Lange et al. 2001). Furthermore, these effects occur at concentrations that are at least an order of magnitude lower than for short-term exposures of mature fish proximate to spawning time; Seki et al. (2002), Van den Belt et al. (2002), and Zillioux et al. (2001) provide other examples of lower sensitivity to adult-only exposure.

**Analysis of endocrine disruption. Reproductive failure in F2 generation.** We found that 50 ng/L EE2 was acutely toxic and resulted in 35% mortality; in the surviving fish there were negative effects on a wide range of health measures, including reduced hematoctitr, increased spinal deformities, and reduced gonad growth. Reproductive failure ensued because of complete cessation of spawning in this treatment group (Denslow et al. 1999; Seki et al. 2002; Van den Belt et al. 2002). There was no reduction in reproductive success or health effects in any of the other estrogen treatment groups.

**Reproductive failure in F1 generation.** We investigated the mechanism(s) of disruption leading to reproductive failure in the F1 generation by assessing sperm quality, fertilization success in their offspring (F2 generation), gonad development and maturation, and male reproductive behavior in the breeding populations. In the 5 ng/L EE2 treatment group, we found no phenotypic males, as discerned by the absence of any secondary sex characteristics, such as slightly yellow/brown coloration and bright anal fin markings. This gave the initial impression that sex reversal had been induced, as occurs in some fish species after exposure to steroidal estrogens (Iwamatsu 1999; Lange et al. 2001; Scholz and Gutzeit 2000). Further studies on these F1 fish found that no fish contained expressible sperm. The hypothesis that reduced egg viability at 14 hpf was due to nonfertilization rather than early embryo mortality was confirmed through hourly time lapse image analyses of egg/embryo development for this treatment. Gonadal histology on the F1 fish after life-long exposure to 5 ng/L EE2 established that none of the males had normal testes. Of these fish, 43% had gonads that had not fully differentiated into testes; these undetermined gonads resembled primary stage ovary-type tissue, which is the natural condition of immature fish during early stages of normal male gonadal differentiation (Maack and Segner 2003). Figure 4A shows an example. Gonadal evidence that these fish were indeed feminized males was further supported by the concentrations of blood VTG in these animals. Via histology, we found that all of these life-long exposed fish that were not clearly mature/maturing females had compromised gonads and also had very low concentrations of blood VTG (mean ± SEM = 1.8 ± 1.1 µg/mL), whereas fish that were definitively females contained extremely high concentrations of blood VTG (1,092 ± 106 µg/mL). We found no fish with an intermediate response. This highly dichotomous response to the estrogenic treatment after long-term exposure, which was strongly correlated to the histology and behavior—these dysfunctional males showed natural spawning behavior—gives good evidence these.
differential responses were determined by the underlying genetic sex. The interpretation that long-term exposure to estrogens suppresses male pattern sexual differentiation and arrests testes development rather than producing functional females is confirmed by earlier work on zebrafish (Hill and Janz 2003; Segner et al. 2003a; Van den Belt et al. 2003; Weber et al. 2003). In some of these earlier studies on zebrafish (Hill and Janz 2003; Weber et al. 2003), males with undifferentiated testes have been categorized as females and have been reported as a skewed sex ratio. This is a slightly misleading interpretation in an undifferentiated gonochorist species such as the zebrafish, because males that have arrested sexual differentiation, while superficially resembling early ovary type tissue (as do both sexes at this stage), do not develop into functional females and their gonads will differentiate into testes when removed from exposure (Hill and Janz 2003). It would be more accurate to describe these fish as simply showing undetermined gonadal sex rather than assigning female status.

We found a low incidence of intersex gonads (four fish; Figure 4B,C) in the 5 ng/L exposure group. Although similarly low occurrences of intersexes have been found in various species when exposed to estrogens during development (Van den Belt et al. 2003), the high level of intersex found in some natural species (Jolting et al. 1998) has not been replicated in the laboratory. This may relate to between-species differences in their susceptibility to this intersex condition or it could indicate the involvement of other, as yet, unknown chemical or environmental factors. It is doubtful if the fish with intersex gonads in our study were sexually functional because they also had extensive malformations of the ovarian and sperm ducts, as shown in other species (e.g., carp (Gimeno and Komen 1996) and fathead minnow (van Aerle et al. 2002)); there was no fertilization in these groups. Further data on the effects on the histopathology and enhanced images are available online in the “Toxicological Pathology Atlas of Small Laboratory Fish” (RIVM 2004).

**Behavioral analysis and male replacement experiments.** Close observation of the F1 adults in the 5 ng/L EE2 treatment group indicated that even though there was no fertilization, natural spawning behavior still occurred and resulted in egg-laying activity, even though these fish were all superficially female. Removing all the males from control tanks in the F1 generation caused complete cessation of spawning, showing that the presence of males, or at least male pattern behavior, was needed to stimulate spawning in females (Figure 5).

When two healthy nonexposed males were taken from the control group and substituted for two males from populations previously exposed to 5 ng/L EE2 (six tanks), there was an increase in embryo viability, showing that the females in the 5 ng/L EE2 group were fertile. Even with healthy males, the rate of survival to 14 hpf was, however, significantly less than in the control group. This reduction in survival to 14 hpf was due to reduced fertilization success (tested using time-lapse videography) and indicates that the effects were not due to reduced egg quality in the EE2-exposed females. Experiments conducted in our laboratory have shown that even when the population sex ratio is strongly biased toward females in normal healthy populations (14 females:2 males), fertilization rates are >90%. Thus, the high level of unfertilized eggs in the 5 ng/L EE2 exposures with replacement males is unlikely to be a function of the presence of only two fertile males. Close observations of the spawning activity in these tanks revealed that sexually compromised males actively participated in the spawning act, chasing females and competing with the healthy males for proximity to the females as they spawned. Thus, it was clear that the reduced fertilization was, at least in part, due to infertile males interfering with the fertilization capability of healthy males. Egg production in the EE2-treated group with healthy males was higher when compared with controls (Figure 5). The presence of vigorous, healthy males may have induced the greater egg production in these females after a prolonged period with EE2-exposed males. Moreover, egg production in this treatment group was similar to previous controls; egg production in the associated controls was relatively low.

The data from this experiment show that normal gonadal differentiation and development is relatively more sensitive to disruption than is male reproductive behavior. We suggest that there is a higher threshold on sensitivity to behavioral disruption relative to exposure concentrations that cause inhibition

**Figure 4.** Effects of life-long exposure to 5 ng/L EE2 on gonad development in adult zebrafish (314 dpf). (A) Persisting juvenile undifferentiated (ovary-type) gonad in presumptive males. (B) Intersex fish with one ovary and one testis. (C) Intersex fish with two testes and smaller juvenile (ovary-type) tissue. (D) Ciliated sperm duct in testis of mature male (found only in adults when exposure to EE2 was stopped at 75 dpf).

**Figure 5.** Reproductive success (5-day means) in the F1 generation of zebrafish at 240 dpf after life-long exposure to 5 ng/L EE2, with subsequent manipulation of males in the populations (all experiments done under no direct exposure). In the controls, males were either retained (control; six tanks) or removed (control – males; six tanks). In the EE2 treatment, EE2-exposed males were either retained (5 ng/L EE2, six tanks) or two males were substituted with two healthy control males (EE2 + males; six tanks). Total bar length indicates the total number of eggs per tank (mean ± SEM) for the six replicate tanks in each group. The lighter bar indicates the total number of viable eggs (mean ± SEM) to 14 hpf. The black section indicates the percentage of nonviable eggs at 14 hpf. *Significantly different (p < 0.05) from control in the proportion of viable eggs at 14 hpf. **Significantly different (p < 0.05) from control in total egg numbers. *Significantly different (p < 0.05) number of eggs laid with the addition of healthy males compared with controls (F = 16.5, p = 0.001, n = 6); the proportion of nonviable eggs was still significantly higher (F = 177, p < 0.001, n = 6) than in the control group.
of functional testes development. Although few studies examine the impact of endocrine disruption on reproductive behavior in relation to reproduction success, Balch et al. (2004) confirmed that medaka behavior was unaffected at doses of EE2 < 10 ng/L, even though there were significant gonadal abnormalities at exposures of 2 ng/L.

Retention of a normal pattern of behavior in the infertile males that affects the fitness of other males may have an even greater impact on the reproductive success than if these males did not participate in spawning. The findings illustrate that information on the effects of EDCs and the interactions between fish within a spawning group (i.e., their mating systems) is necessary to develop our understanding of population-level implications of endocrine disruption. In the wild, group-spawning fish come together on a spawning ground; they may have migrated from different areas, and therefore different chemical exposure regimes, and thus they may have different degrees of disruption to their reproductive systems. To date, none of these factors has been taken into consideration when evaluating the potential impacts of EDCs such as EE2 on breeding success in wild fish populations.

Transgenerational effects, life stage sensitivity, and recovery from EE2 exposure. It is well documented that maternal transfer of the synthetic estrogen diethylstilbestrol into the developing fetus in humans resulted in cases of sexual dysfunction, which became manifest at puberty (Bern 1992). Maternal transfer of EDCs may also occur in fish, when pollutants are co-transported with VTG into the developing oocyte (Gray et al. 1999). In the present study we found no transgenerational effects of F0 exposure to < 5 ng/L EE2 on the level of embryonic viability at 14 hpf or F1 embryo mortality and larval integrity (proportion of developmental abnormality, hatch rate, and level of spine curvature) at 100 hpf, when the offspring were reared in clean water and compared with the corresponding treatment in continuous F0 and F1 exposure or control treatment (n = 6, p > 0.05 in all cases). This is not surprising because we also found no effects up to 100 hpf when both the parents (F0) and offspring (F1) were exposed at these same concentrations during the main multigenerational experiment. Moreover, reproductive success in the F1 subgroups (n = 5) reared to adulthood in clean water but with parental F0 exposure (0.5 and 5 ng/mL EE2 and 5 ng/mL EE2) was not affected, either in the number of eggs spawned by the F1 (F = 1.07, p = 0.39 n = 6) or the 14 h viability of the resulting eggs (F = 0.84, p = 0.29; six tanks per treatment) when compared to the control eggs collected at the same time. This contrasts with continuous multigenerational exposures (F0 and F1) causing significant or complete reproductive failure at similar doses. F0-only exposure also had no consequences for the integrity of the F0 offspring, either in the level of embryo mortality or larval integrity at 100 hpf (p > 0.05 in all cases), again consistent with what would be expected if there were no transgenerational impact. These results, therefore, give little evidence of any transgenerational (maternal) effects of exposure to EE2 or EE3, at least when measuring population level consequences for reproductive success and survival. There are no other studies that have reported transgenerational effects of steroid hormones on reproductive success, although a study by Foran et al. (2002) showed transgenerational impacts on VTG and estrogen receptor responsiveness in medaka, but only at extremely high doses (> 500 ng/L). Reported transgenerational impacts of other endocrine disruptors, such as DDT on F1 gonadal development (Metcalfe et al. 2000) and nonylphenol on F1 steroid levels (Schwaiger et al. 2002), may be related to different biochemical properties of these pollutants.

In populations (three tanks) of fish exposed to 0.5 and 5 ng/L EE2 and 5 ng/L EE2 to 75 dpf and then reared in clean freshwater to adulthood (a depuration of 5 months), we found no differences in fecundity at 210–220 dpf when compared with the control for these subgroups (F = 0.46 p = 0.72, 10-day means). This is in contrast with the strong impact of continuous full-life-long exposure (Figure 6) to 5 ng/L EE2 in the F1 generation that caused a considerable reduction in egg numbers, thus illustrating a capacity for recovery in their reproductive output (numbers of eggs spawned).

Interestingly, however, even after a 5 month period of depuration, there was still a highly significant (F = 12.81 p = 0.003) impact of exposure on fertilization success; the proportion of nonviable eggs at 14 hpf increased to 16.2% in 0.5 ng/L EE2 and 24% in 5 ng/L EE2 compared with a rate of 7.8% in the controls. Even though males were still able to produce sperm (shown by stripping) and fertilize the eggs spawned by females, there was also persistent disruption to testes development, which could explain the reduced fertilization success. Histology showed extensive malformations of the sperm ducts, the presence of an ovarian cavity in the testis, variation in proportion of testicular cell types, and ciliation of sperm ducts (Figure 4D), a feature normally found in ovarian ducts that has been reported in wild intersex roach (Nolan et al. 2001). Persistent effects on testes of developmental exposure to similar levels of EE2 in zebrafish were not reported by Weber et al. (2003), but duct morphology was not examined. Partial recovery from EE2 exposure during early sexual differentiation can therefore occur with a sufficient period of depuration, but certain morphologic effects are long lived. The persistent nature of EDC-induced gonadal abnormalities has been confirmed in several fishes (Gimeno and Komen 1996; McAllister and Kime 2003; Scholz and Gutzeit 2000; van Aarle et al. 2002), and differences in the level of recovery after depuration probably relate to diverse modes of sexual differentiation found between species.

Vitellogenin and steroid hormone response. In the F1 generation after 40 days exposure to the lower, sublethal concentrations of EE2, we found a highly significant (F = 41.64, p < 0.001) and dose-related induction of VTG in both sexes (Figure 6A). In males, a dose of only 0.5 ng/L EE2 induced a 5,000-fold increase in blood VTG, which concurs with previous studies in fish, including zebrafish (Fenske et al. 2001; Thorpe et al. 2003). There was also a significant (F = 17.59, p < 0.001, n = 8) and dose-related suppression of the
major male fish sex hormone 11-KT in F₀ males; in the blood of fish treated with 0.5, 5, or 50 ng/L EE₂ or 5 ng/L E₂, 11-KT concentrations were 30, 5, and 8% of controls, respectively (mean ± SEM = 94 ± 46 ng/mL). The sensitivity of both VTG and 11-KT to exogenous steroid estrogens reinforces their value as biomarkers for exposure to estrogen after short-term exposure (Brion et al. 2002; Denslow et al. 1999). Very considerable (3 orders of magnitude) changes in blood VTG and up to 95% reduction in 11-KT, however, did not impact the short-term reproductive success of the zebrafish populations, emphasizing their utility as biomarkers of estrogen exposure, rather than necessarily measures of reproductive impact. There were no significant impacts of the estrogen treatments on endogenous blood E₂, although there was a high level of variability between fish. The measurements of 11-KT and E₂ are the first data on reproductive steroid hormones in zebrafish, and the method (Nash et al. 2000) could be adapted to other small species (≤ 300 mg). To further investigate natural levels of a range of steroids in zebrafish and their response to endocrine disruption, ongoing research in our laboratories is examining a larger number of replicates that were collected in this study and in new experiments.

In contrast with the short-term adult exposure (Figure 6A), we observed no induction of VTG in males after life-long exposure to < 5 ng/L EE₂ (Figure 6B), suggesting an acclimation to the EE₂ exposure. Similarly there were no effects of a multigenerational life-long exposure to estrogen on VTG in females, but the VTG concentration in F₁ controls was higher than in both the F₀ controls and 5 ng/L EE₂ fish (Figure 6B). It seems likely that there is strong down-regulation of vitellogenic response after long-term exposure to exogenous estrogens, which has not been reported before. Studies in fish have shown that there are seasonal variations in the number of estrogen receptors and in the ligand affinity of these receptors (Smith and Thomas 1991), and thus responsiveness to estrogen, but we do not know the mechanism for acclimation to estrogen observed here in males. A reduced vitellogenic response (or indeed lack of a response) in males after long-term exposure to low levels of estrogen further complicates the use of VTG as a biomarker for estrogen exposure in wild populations; fish that have been subjected to long-term exposure to estrogen and with no measurable blood VTG could still be reproductively compromised.

The temporal disassociation between the impact of estrogen exposure on reproductive success and the vitellogenic response also clearly shows that the perturbations to reproductive physiology that ultimately cause reproductive failure are probably not directly linked or at least not a direct consequence of the stimulation of vitellogenin.

Conclusions
Overall, our findings on the effective concentration of EE₂ on reproductive success raise serious concerns for possible population-level effects on fisheries. Concern about population-level consequences associated with exposure to EE₂ in the aquatic environment is further exacerbated by the fact that detection capabilities for routine assessments of EE₂ in effluents and environmental samples are generally above concentrations that are biologically significant (Kolpin et al. 2002a). Extremely high potency and persistence in the aquatic environment (Johnson and Williams 2004) is also likely to be mirrored by other persistent pharmaceuticals which are, as yet, not measured in routine assessments of effluents (Metcalfe et al. 2003).

The data presented in this article give evidence that different reproductive components have differential sensitivities to endocrine disruption and that these sensitivities are dependent on the length of exposure and timing of exposure relative to development and maturity. Full life-long exposures had a strong impact on reproductive success at a concentration that was at least one order of magnitude less than when fish were given short-term exposures proximate to spawning. Conversely, after full life-long exposure there was no apparent stimulation of VTG in the F₁ adults, whereas short-term exposures strongly stimulated VTG in the parental F₀ generation at similar doses. These data have important implications for bodies devising effective methodologies for the diagnosis of the ecologic risk from endocrine disruptors and for those devising laboratory testing strategies for hazard assessment. Because it is the impacts at the population level that are ultimately of most concern, special care must be taken when interpreting the results from either short-term testing procedures or from biomarkers such as VTG. Although integrative long-term multigenerational studies are expensive and time consuming, the mechanistic information they produce is invaluable if we want to understand both the potential population consequences of endocrine disruption and the mode of action that leads to reproductive failure. Although these long-term studies cannot be repeated for every potential EDC, the mechanistic knowledge gained should be integrated into the design of shorter testing methodologies and new mechanistic approaches such as toxicogenomics, to allow for more accurate predictions of the population level consequences.

The value of an integrative approach can be clearly seen from the data obtained in our male replacement studies. A differential in relative sensitivity to disruption between gonadal and behavioral sexual differentiation had the consequence that male-pattern behavior was more robust to the effects of EE₂ exposure than was gonadal development, where exposure caused complete male infertility. If behavior is considered in isolation, then a lower impact on behavior may seem to have fewer population consequences; when behavior is considered in combination with infertility, it may actually increase the risk of reproductive failure in natural populations. We suggest that reproductive behavior plays a pivotal role in how chemically induced reproductive dysfunction(s) act to affect reproductive success and/or genetic integrity of populations. Moreover, there exists the possibility of other important interactions between endocrine disruption and mating systems that could strongly influence the population-level impact of reduced fertility. Sexual selection and mate choice strategies are complex, and endocrine disruption may interact or interfere with these in both negative and positive ways. Factors that determine the choice of a male by the female could, for example, be exaggerated in males with reduced fertility, giving these fish an even greater potential for interfering with the natural mating process and further increasing the impact of endocrine disruption on reproductive success. We suggest that further studies should examine this previously overlooked area.

References


