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# Effect-based and chemical analytical methods to monitor estrogens under the European Water Framework Directive

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Detailed description of the authors contributions can be found in the Supplementary Information (SI, Table S1).

46 **Abstract**

47 The European Decision EU 2015/495 included three steroidal estrogens, estrone, 17 $\beta$ -estradiol and 17 $\alpha$ -  
48 ethinyl estradiol, in the “watch-list” of the Water Framework Directive (WFD). As consequence, these  
49 substances have to be chemically monitored at the level of their environmental quality standards, which  
50 can be challenging. This project aimed to identify reliable effect-based methods (EBMs) for screening of  
51 endocrine disrupting compounds, to harmonise monitoring and data interpretation methods, and to  
52 contribute to the current WFD review process. Water and wastewater samples were collected across  
53 Europe and analysed using chemical analyses and EBMs. The results showed that 17 $\beta$ -estradiol  
54 equivalents were comparable among methods, while results can vary between methods based on the  
55 relative potencies for individual substances. Further, derived 17 $\beta$ -estradiol equivalents were highly  
56 correlated with LC-MS/MS analyses. This study shows that the inclusion of effect-based screening  
57 methods into monitoring programmes for estrogens in surface waterbodies would be a valuable  
58 complement to chemical analysis.

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64 *Keywords*

65 Science-policy interface

Estrogen screening

Endocrine disruption

66 Surface and waste water assessment

Emerging pollutants

EU watch-list

67 Steroid analyses

*In vitro* bioassays

Integrated effects of mixtures

68

## 69 1 State of the Art

70 Over the past two decades, numerous scientific studies have demonstrated that endocrine disrupting  
71 chemicals (EDCs) elicit adverse effects on sensitive aquatic species, such as fish [1-7]. Steroidal  
72 estrogens, like the natural hormones estrone (E1) and 17 $\beta$ -estradiol (E2), as well as the synthetic  
73 hormone 17 $\alpha$ -ethinyl estradiol (EE2), are of particular environmental concern [8-11]. Due to their steady  
74 release via waste water effluents into surface waters [12, 13] and their high biological activity, even very  
75 low concentrations of E2 and EE2 have been shown to cause reproductive toxicity with negative effects  
76 at the population level [14-16]. As a consequence, E1, E2, and EE2 were included in a European Union  
77 (EU) Water Framework Directive (WFD) “watch-list” [17-20]. The WFD watch-list mechanism aims to  
78 collect high-quality monitoring data on concentrations of emerging pollutants and potentially hazardous  
79 substances, whose currently available monitoring information shows either quantitative or qualitative  
80 deficiencies [21]. To collect more high-quality data, listed substances have to be monitored at  
81 representative EU sampling sites for a period of at least 12 and up to 48 months. The watch-list  
82 mechanism is expected to support future substance prioritisation processes, enable the implementation  
83 of measures, and facilitate environmental risk assessment across the EU.

84 Chemical monitoring of estrogens for the watch-list mechanism is challenging, because the European  
85 Commission set maximum acceptable method detection limits (MDLs) at EQS levels of 400 pg/L for E1  
86 and E2, and 35 pg/L for EE2 [18, 22]. Most routine analytical methods used by the Member States  
87 cannot meet these requirements, especially for EE2, based on [23, 24]. Hence, the quality assessment of  
88 water bodies based on current methods is a challenge for the detection/quantification limits that are too  
89 high to detect if EQS are being exceeded or not. Effect-based methods are able to detect estrogenic  
90 substances at sub-ng or even pg levels and have the potential to be used as a complementary screening  
91 tool [12, 25-27]. In addition, they do not require *a priori* knowledge of the substances to be monitored,  
92 as they are able to determine the biological response caused by complex mixtures of unknown  
93 compounds. Thus, effect-based methods may be suitable to serve as a valuable link between chemical  
94 analytical and ecological quality assessments, since the effects can rarely be linked to individual  
95 compounds.

96 As described in an EU technical report, which was elaborated in the context of the Chemical Monitoring  
97 and Emerging Pollutants (CMEP) expert group under the Common Implementation Strategy (CIS) of  
98 the WFD, effect-based tools can be categorised into three main groups: Bioassays (*in vitro*, *in vivo*),  
99 biomarkers, and ecological methods [28]. With regard to steroidal estrogens and other EDCs, *in vitro*  
100 reporter gene assays have been used predominantly to determine the total estrogen receptor (ER)  
101 mediated estrogenicity of an environmental sample [29]. Among the most commonly applied assays are  
102 *in vitro* methods such as estrogen receptor transactivation assays (ER-TAs), which use various cell types  
103 including yeast, human and other mammalian cell lines that were transfected with a human estrogen  
104 receptor coupled to a reporter gene [30]. Activation of the ER leads to the expression of the reporter

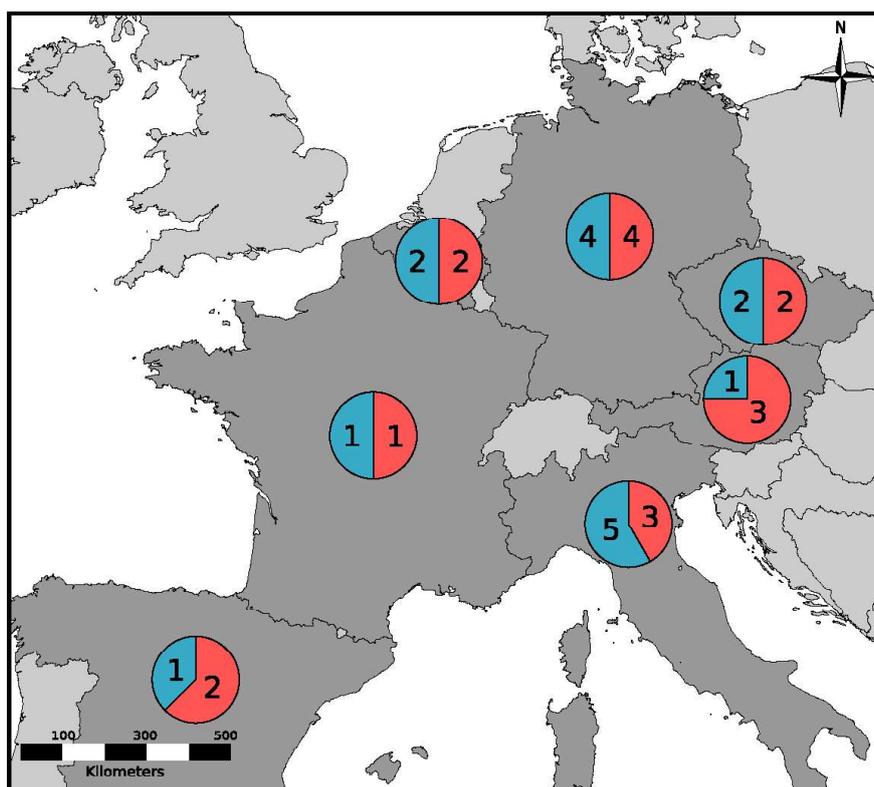
105 gene product, usually an enzyme that modifies another chemical, causing a quantifiable response. The  
106 resulting estrogenic potential of a sample is expressed as an E2 equivalent concentration (EEQ),  
107 indicating the estrogenic activity of the sample or sample dilution in terms of equivalency to the  
108 estrogenic activity of the corresponding E2 reference concentration [31].

109 Although ER-TAs are highly advantageous methods for the detection of ER activation and  
110 quantification of very low estrogen concentrations in surface waters [23], these methods are not included  
111 within current WFD monitoring programmes [20]. One reason for this is the lack of data that  
112 demonstrate their applicability as a monitoring and screening tool in combination with chemical  
113 analytical methods (see e.g. [14]). Such information would greatly increase their regulatory acceptance.  
114 As a response to this need, an EU-wide project involving 24 research organisations and environmental  
115 agencies from 12 countries was carried out to evaluate the usefulness of specific *in vitro* methods for  
116 identifying the presence of the watch-list substances, E1, E2, and EE2, in surface and waste waters. The  
117 project aimed to compare the chemical and effect-based data resulting from the analysis of 16 surface  
118 and 17 waste water treatment plant effluent samples. Analyses were conducted in seven participating  
119 laboratories using different LC/MS- (three laboratories) and effect-based methods (five laboratories).  
120 The objectives of the study were (i) the demonstration of reliable effect-based screening methods for the  
121 monitoring of estrogenic EDCs in waste water and surface water, (ii) the harmonisation of data  
122 interpretation methods, and (iii) providing recommendations for the implementation of cost-effective  
123 and reliable effect-based methods in WFD monitoring programmes.

## 124 **2 The Project**

### 125 **2.1 Sampling**

126 A total number of 16 surface water (SW) and 17 waste water (WW) samples were collected according to  
127 a protocol developed by the participants (SI, Part A). Selected sampling sites were located in seven  
128 European countries in Central and Southern Europe (Figure 1): Austria (1 SW/ 3 WW), Belgium (2/2),  
129 Czech Republic (2/2), France (1/1), Germany (4/4), Italy (5/3), and Spain (1/2). Sample collection was  
130 carried out from September to November 2015 by ten participating institutions. The samples were taken  
131 based on prior knowledge on their contamination with estrogens and represented a gradient of  
132 contamination from high to moderate.



133  
 134 **Figure 1:** Samples taken in various European States (dark grey). The circles indicate the number of surface water (blue) and  
 135 waste water samples (red) taken in each country.

## 136 2.2 Sample preparation

137 The sample preparation included the filtering of a part of the SW (see SI, Part A) and all WW samples  
 138 over glass fibre filters (Millipore, type 4, retention 2.7  $\mu\text{m}$ , circle size 4.7 cm). Since a filtration step can  
 139 have an impact on the composition of a sample and its estrogenic activity [32], the filtration step was  
 140 investigated during a feasibility study prior to the main study presented here. The results of the pre study  
 141 did neither show a significant reduction in estrogenicity in the control nor in tested environmental  
 142 samples (data not shown). Subsequently, all samples were enriched by means of solid-phase extraction  
 143 (SPE; 11 L sample to 11 mL extract) and extracts were passed over silica gel (SiOH) columns (methods  
 144 focusing on E1, E2 and EE2). While for surface water each extract was split into eleven 1 mL aliquots  
 145 that were each passed over a single SiOH column, for waste water a single column was inadvertently  
 146 used to treat the whole extract (11 mL). For LC-MS/MS analysis this means that matrix was less  
 147 efficiently removed from WW extracts (relative to SW extracts) and higher matrix loads would have  
 148 impeded low LOQs in WW LC-MS/MS analysis. For bioassay analysis this means that, should  
 149 additional ER-agonists (i.e. other than E1, E2 and EE2) have been present in the extracts, a reduced  
 150 clean-up efficiency would have reduced ER-agonist removal which in turn would have caused enhanced  
 151 effects in bioassays. Full details of sample preparation are provided in SI, Part A.

### 152 **2.3 Chemical and effect-based analyses**

153 Participating laboratories received spiked reference samples, blanks and encoded water extracts. The  
154 chemical analyses were conducted in three different labs, which applied an LC-MS/MS with negative  
155 electron spray ionisation (detailed information in SI, Part D Table S2). The effect-based methods were  
156 conducted in five different labs: Estrogen Receptor Chemical Activated LUciferase gene eXpression  
157 (ER-CALUX) at Biodetection Systems (BDS), luciferase-transfected human breast cancer cell line  
158 (MELN) gene-reporter assay at INERIS [33], ER-GeneBLAzer assay at the Helmholtz Centre for  
159 Environmental Research (UFZ) [34], the stably transfected human estrogen receptor-alpha  
160 transcriptional activation Assay using hER $\alpha$ -HeLa-9903 cells (HeLa-9903 assay) at RECETOX [35],  
161 and planar Yeast Estrogen Screen (pYES) at the German Federal Institute of Hydrology (BfG) [36, 37].  
162 The pYES is a method, which combines a chromatographic separation of the sample by thin layer  
163 chromatography (TLC) with a subsequent performance of the YES on the planar surface of the TLC-  
164 plate [38-40]. Like the common assays which are performed in micro-well-plates, this approach allows  
165 the quantification of the overall estrogenic activity present in the sample by means of E2-equivalence  
166 concentrations. Furthermore, like methods based on LC/MS, it also allows the estimation of  
167 concentrations of individual estrogenic compounds, e.g. E1, E2 and EE2, due to the chromatographic  
168 separation of the sample. For this purpose the respective standard compounds are used for a calibration  
169 on the same TLC plate – in the present study E1, E2, EE2, and estriol (E3) were applied in a mixture at  
170 three different levels. Due to the limited separation power of the thin layer chromatography compared to  
171 HPLC and GC in particular, a co-migration of estrogenic compounds cannot be excluded. Therefore,  
172 under the assumption of effect addition, the estimated individual concentrations represent the possible  
173 maximal concentration of the respective compound. This approach can be used to identify and quantify  
174 substance groups causing ER-activation.

### 175 **2.4 Blanks and positive controls**

176 Ultrapure water (11 L) was used as extraction blank. An extraction blank was included with each  
177 extraction run of 10 samples, subjected to clean-up and distributed the same as the sample extracts.  
178 Further, each analysis using effect-based methods included a negative control. To avoid solvent effects  
179 on cell viability, its concentrations did not exceed a defined value (see SI, Part D Table S3). As positive  
180 controls for ensuring the validity and enabling a comparison of the methods, surface water samples  
181 (11 L each) from the Netherlands were spiked with E2 and EE2 at two concentrations by the central lab  
182 (BDS). The “low spike” (600 pg/L) represented a concentration slightly above the proposed EQS for E2  
183 (400 pg/L). The “high spike” (6000 pg/L) represented a concentration that is quantifiable with high  
184 certainty by both effect-based and chemical methods.

## 185 **2.5 Data evaluation – effect-based methods**

186 Raw data and information on relative enrichment factors (REF) of the extracts were collected from  
187 participating laboratories. The REF expresses the combination of: 1) sample enrichment using SPE and  
188 2) extract dilution steps in each of the applied effect-based methods. Estrogenic activity of the extracts  
189 was expressed as E2-equivalence concentration (pg EEQ/L water) (described in detail in SI, Part B).  
190 Briefly, dose-response curves of the reference compound, E2, and the dilution series of the water  
191 extracts and blanks were fitted using a five-parametric non-linear regression with normalised data. The  
192 concentration of the positive control (E2) needed to induce 10 % effect of the maximum E2-induction  
193 (PC<sub>10</sub>), was calculated. Subsequently, the relative REF of the sample, that stimulates the assay at PC<sub>10</sub>  
194 level was determined by interpolation. The PC<sub>10</sub> reference concentration was divided by the  
195 corresponding sample dilution (REF) to obtain the EEQ of the sample. EEQs derived by the PC<sub>10</sub>  
196 method are presented in the results section.

## 197 **2.6 Data evaluation – chemical analysis**

198 Internal standard calibration and interpolation using a linear regression model were performed to  
199 determine concentrations (pg/L) of the individual steroidal estrogens in sample extracts. Identification of  
200 selected analytes was performed based on two to three Multiple Reaction Monitoring (MRM) transitions  
201 between the precursor ion and two or three most abundant product ions, depending on the laboratory  
202 where analyses were done. The first transition was used for quantification purposes whereas the second  
203 and third transitions were used to confirm the presence of the target compound in the sample. Quantified  
204 analytes were identified by comparing the retention time (RT) of the corresponding standard and the  
205 ratio between two ion transitions recorded ( $\pm 20\%$ ) in the standard and water samples.

## 206 **2.7 Calculation of sample-dependent LOD and LOQ**

207 The Limits of quantification (LOQ) for effect-based methods the LOQs were calculated as 3-fold the  
208 standard deviation (SD) of the averaged response of the negative control on each assay plate. The effect  
209 level of 3-fold the SD was interpolated from the E2 reference curve and divided by the REF of the  
210 sample to derive the LOQ. The actual reporting for effect-based methods occurred at the 10% effect  
211 level which was always above LOQ (typically at 2-5 % effect levels).

212 In case of the chemical analysis the limits of detection (LOD) were determined for each compound in  
213 each sample based on the signal intensity of the internal standards or the analyte peak by a signal-to-  
214 noise (S/N) ratio of 3:1 and LOQ by a S/N ratio of 10:1.

215 When comparing LOQs of effect-based methods with those of chemical analyses the various key  
216 differences between the two approaches need to be taken into account (for further background see SI,  
217 Part C).

## 218 2.8 Comparison of chemical and biological analysis

219 The  $EEQ_{bio}$  is the ratio of the effect concentration of the reference compound estradiol  $EC_{50}(E2)$  (pg/L)  
 220 and the sample  $EC_{50}(\text{sample})$  (Equation 1) and was derived in this study using the  $PC_{10}$  approach (see  
 221 above). The  $EEQ_{chem}$  was calculated from the sum of the relative effect potencies  $REP_i$  times the  
 222 detected concentration of estrogenic chemical  $i$ ,  $c_i$  [41]. The  $REP$ , in turn, is the ratio of the effect  
 223 concentration of the reference compound estradiol  $EC_{50}(E2)$  and the chemical  $i$ 's  $EC_{50}(i)$  (Equation 2).

$$224 \quad EEQ_{bio} = \frac{EC_{50}(E2)}{EC_{50}(\text{sample})} \quad (1)$$

$$225 \quad EEQ_{chem} = \sum_{i=1}^n REP_i \cdot c_i = \sum_{i=1}^n \frac{EC_{50}(E2)}{EC_{50}(i)} \cdot c_i \quad (2)$$

226 Due to the analytical method detection limits of E2 and EE2, we evaluated the potential contribution of  
 227 non-detected estrogens to the overall  $EEQ_{chem, LOD/2}$  using Equation 3, where values below the LOD  
 228 (“non-detects”) were included as  $LOD/2$ . If the analytical lab reported data as  $<LOQ$ , we used  $LOQ/2$  in  
 229 Equation 3 instead of  $LOD/2$ . In Equation 3,  $n$  refers to the total number of chemicals included in the  
 230 analysis,  $m$  refers to the number of chemicals below LOD.  $C_i$  is the average value of three analytical  
 231 measurements,

$$232 \quad EEQ_{chem, LOD/2} = \sum_{i=1}^{n-m} REP_i \cdot c_i + \sum_{j=1}^m REP_j \cdot LOD_j/2 \quad (3)$$

## 233 2.9 Correlation analysis

234 The correlation analysis among effect-based methods ( $EEQ_{bio}$ ) was performed with GraphPad Prism,  
 235 using the Pearson correlation ( $r$ ). [42].

## 236 3 Results and discussion

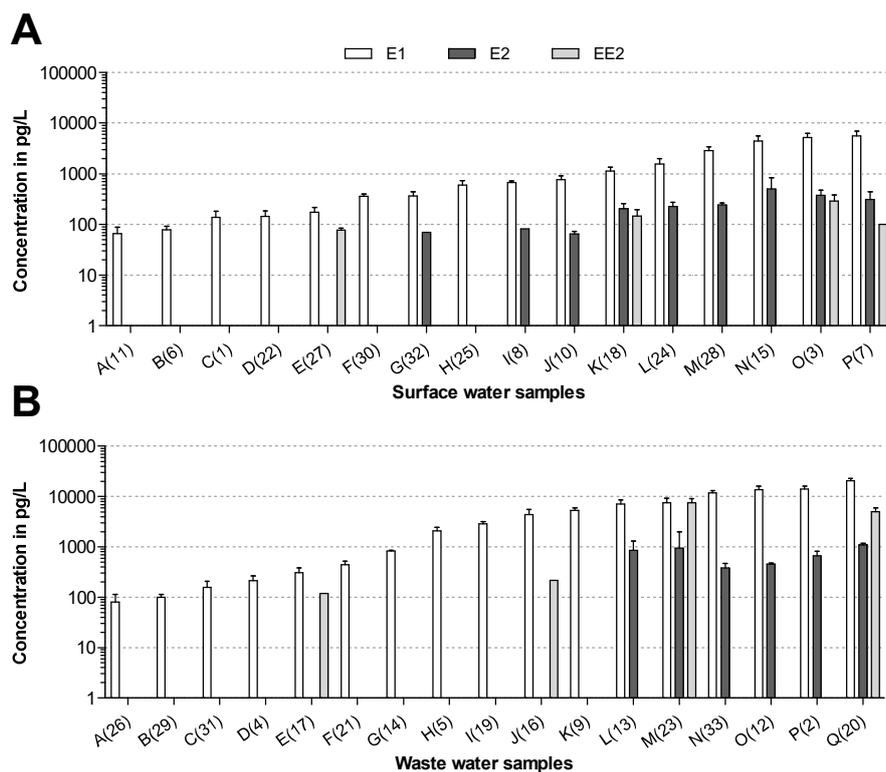
### 237 3.1 Reference chemicals and validation

238 All essential criteria for method performance were fulfilled in this study (described in more detail in the  
 239 SI, Part E). As shown in Table S4 (SI, Part E), the chemical analytical as well as effect-based methods  
 240 showed good recovery in the spiked samples. No estrogenic activity or quantifiable concentrations of  
 241 E1, E2, and EE2 were measured in the blank samples (i.e. procedure-, extraction- and solvent blanks).  
 242 As the derived effect concentrations in the effect-based methods and chemically measured EE2

243 concentrations matched with the nominal concentrations of the spiked samples, the observed effects can  
244 be ascribed to the samples themselves.

### 245 **3.2 Results of chemical analysis**

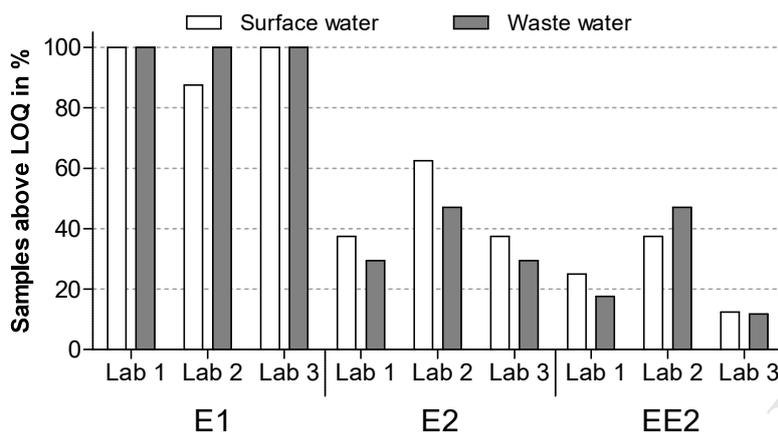
246 Measured concentrations of the three estrogens E1, E2 and EE2 differed widely between sampling sites  
247 as well as between surface and waste water samples. Differences among SW samples can be explained  
248 by varying river characteristics, e.g. flow (dilution factor), or temperature, as well as differences in  
249 estrogenicity of treated WW, that are released into the SW. The results of the analyses, which are  
250 summarised in Figure 2, show a 3.2 to 3.6 times higher mean concentration for E1 and E2 in WW  
251 (Figure 2B) compared to SW (Figure 2A). Due to the highly contaminated WW sample M(23), possibly  
252 influenced by an industrial discharge of EE2, the mean concentration of EE2 across all WW samples  
253 was approximately 20 times higher compared to SW (Figure 2). Estrone (E1) was quantified in all  
254 samples. For E1 maximum concentrations of 5.6 ng/L (sample P(7)) and 20.5 ng/L (sample Q(20)) in  
255 SW and WW were measured, respectively. E2 was the second most frequently quantified estrogen and  
256 measured above LOQ in nine of 16 SW and six of 17 WW samples. Measured concentrations ranged  
257 from 0.4 ng/L (sample N(33)) to 1.1 ng/L (sample Q(20)) in WW, and from 0.06 ng/L (sample J(10)) to  
258 0.5 ng/L (sample N(15)) in SW. The synthetic EE2 was least frequently quantified and measured above  
259 LOQ in four of 16 SW and four of 17 WW samples with a maximum concentration of 0.3 ng/L in SW  
260 sample O(3) and 7.5 ng/L in WW sample M(23). These concentration ranges and patterns are in  
261 accordance with recent review studies [43, 44].



262

263 **Figure 2: Chemical analytically measured concentrations for SW (A) and WW extracts (B) above LOQ for E1, E2 and**  
 264 **EE2.** The bars show the mean concentration of all three applied methods for each analyte showing results > LOQ, the standard  
 265 deviation is shown when two or three methods reported results. The sample-dependent LOQs are listed in the supplementary  
 266 information together with the measurement data of analytical methods (SI, Part F, Table S6 and S7).

267 Our results underline the analytical difficulties that have recently been highlighted for E2 and EE2 by  
 268 several studies and workshops [16, 45], stressing the challenges that emerge for routine methods used in  
 269 national monitoring programmes. Despite the use of quite advanced chemical analytical techniques  
 270 (status 2015), the detection and quantification of E2 and EE2 in SW and WW samples was problematic  
 271 in some cases. While it was possible to quantify E1 in almost all samples, the percentage of  
 272 quantifications was significantly reduced for E2 and even more for EE2 (Figure 3). This was partially  
 273 due to the fact that insufficient silica gel was used to reduce the matrix effects in WW. WW is  
 274 considered as worst-case regarding matrix effects [46, 47].



275  
 276 **Figure 3: Mean percentage of quantified (>LOQ) samples for each substance in SW and WW.** The sample-dependent  
 277 LOQs are listed in the supplementary information together with the measurement data of the analytical methods (SI Part F,  
 278 Table S7).

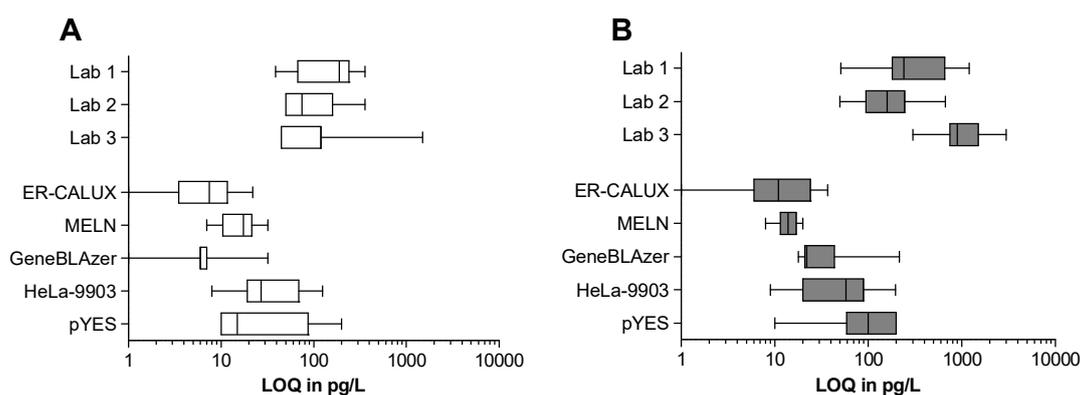
279 However, the quantification of substances itself is not the only challenge faced by those routinely  
 280 applying analytical methods for watch-list monitoring. According to the EU Commission Decision  
 281 2015/495, which established the first watch-list, the indicative methods applied by Member States have  
 282 to meet the minimum requirement for method detection limits (MDL) equal to the proposed EQSs of E1  
 283 at 3.6 ng/L, E2 at 0.4 ng/L and EE2 at 0.035 ng/L [18]. To take into consideration the matrix effects of  
 284 different waters, LODs and LOQs had to be calculated for each sample (SI Part F, Table S7). The three  
 285 techniques used in the current study were able to meet MDL requirements for E1 in all SW and WW  
 286 samples. Also for E2, in 96 % of surface water samples and 94 % of waste water samples detection was  
 287 possible at the level of the proposed EQS. In the case of EE2, the minimum criteria were not met, since  
 288 only 56 % and 16 % of SW and WW samples, respectively, could be monitored at the EQS level. These  
 289 findings are in accordance with a recent report from 2015, which showed that the lowest LOQ found in  
 290 literature at that time was sufficient for compliance monitoring of E1 and E2 in inland surface waters,  
 291 while the criteria were not met for EE2 by several Member States [24]. It has to be pointed out that, in  
 292 this project, the silica clean-up step for the sample extracts differed between WW and SW samples (see  
 293 methods section) favouring the presence of polar compounds in extracts of WW samples. This  
 294 difference likely reduced the sensitivity of the analytical method for the target compounds in WW  
 295 samples. Furthermore, sample extraction was performed at pH 3 possibly increasing concentrations of  
 296 humic acids and thus lowering sensitivity of LC/MS-based methods applied. Under ideal conditions, we  
 297 estimate that analytical methods can achieve LODs and LOQs of a factor 2 to 3 lower in WW samples.  
 298 It has to be recognised that the LODs of chemical analytical methods used exclusively for steroidal  
 299 estrogens already significantly decreased from 2013 (LOD E2 and EE2 of 100 pg/L) to 2015 (E2: 60  
 300 pg/L, EE2: 85 pg/L) and will certainly decrease further [16, 23].

301 Nevertheless, if steroidal estrogens were to be included in the EU priority list for monitoring, very strict  
 302 minimum performance criteria would apply. As stated in the Commission Directive 2009/90/EC, an  
 303 analytical method used for monitoring of priority substances needs a LOQ equal or below a value of

304 30 % of the EQS [48]. These requirements can presently be met only for E1, but not for E2 or EE2 in all  
 305 SW. Regarding the quantification of E2, and EE2, existent routine analytical techniques still lag behind  
 306 the requirements. This result is supported by two recent reviews on the performance of current analytical  
 307 methods that have shown that 35 % of reviewed methods complied with the EQS for E2, while only one  
 308 method complied with the EQS for EE2 [49, 50]. In order to not only detect but also quantify at such  
 309 low concentrations as required for regulatory monitoring application, a further decrease of LOQs is  
 310 necessary, which is difficult to achieve for routinely used non-tailored analytical methods in the short-  
 311 term.

### 312 3.3 Quantification limits of chemical-analytical and *in vitro* effect-based methods

313 The LOQs for all methods applied in this study are summarised in Figure 4. Since E2 is used as the  
 314 reference compound for all effect-based methods, the LOQ of E2 is shown for the chemical-analytical  
 315 methods as an example. When comparing LOQs across the different methods it has to be taken into  
 316 account that LOQs were derived along different approaches (see method section and SI, Part C for  
 317 further details). The effect-based *in vitro* methods were generally able to quantify effects at one to two  
 318 orders of magnitude lower concentrations than the analytical methods used. For effect-based methods,  
 319 LOQs ranged between 0.002 ng/L and 0.2 ng/L for SW as well as WW, while for chemical-analytical  
 320 methods LOQs for E2 were 0.04 ng/L to 1.5 ng/L in SW and 0.05 ng/L to 3 ng/L in WW. This increase  
 321 in LOQs for chemical-analytical methods in WW samples (Figure 4B) compared to surface water  
 322 (Figure 4A) can be ascribed to the higher complexity of the waste water matrix [46, 47] as well as the  
 323 less efficient clean-up used for WW samples.

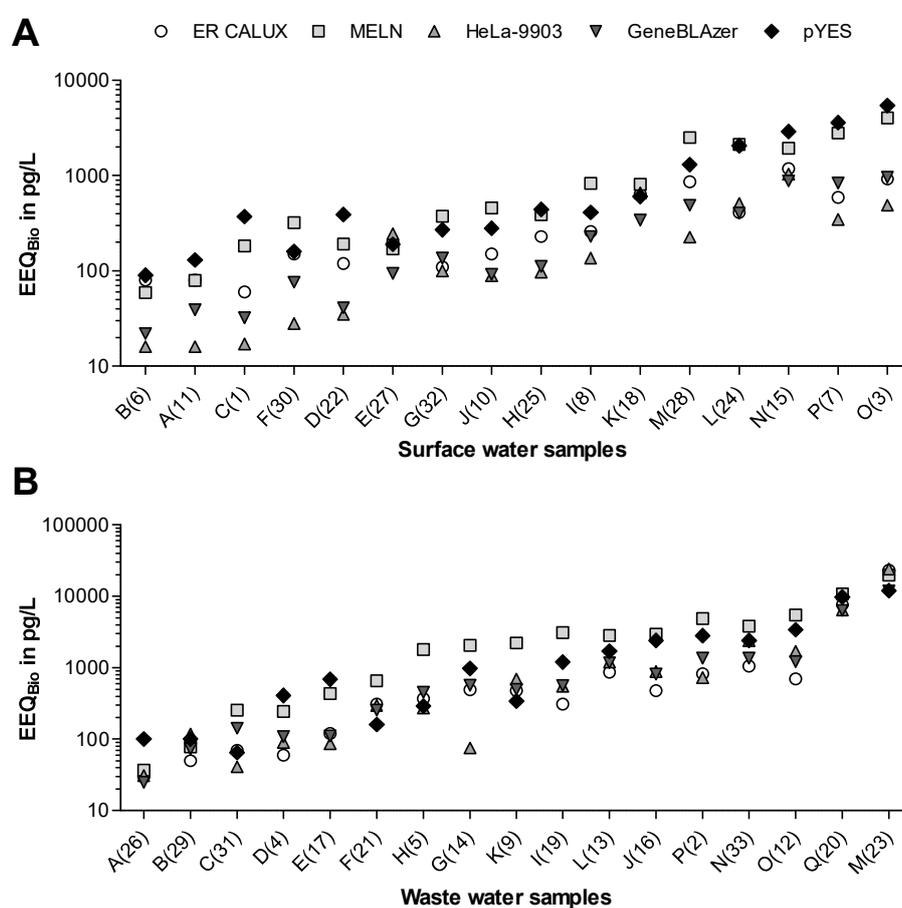


324  
 325 **Figure 4: Sample-dependent LOQs in surface water (A) and waste water (B) extracts.** For the chemical analytical method  
 326 the LOQ of E2 is shown as an example and for the effect-based methods the LOQ of the integrated effects is represented. Plots  
 327 indicate the distribution of data, thereby the bottom and the top of the box are the first and third quartiles, while the line inside  
 328 the box is the median. The whiskers show the minimum and maximum of all data.

### 329 3.4 Measured estrogenic effects

330 As a result of these low effect-based quantification limits, estrogenic activities were detected in all tested  
 331 samples. As expected, highest EEQs were measured in WW samples (Figure 5A and B). In SW,  $EEQ_{bio}$

332 ranged from 0.16 ng/L measured with HeLa-9903 in sample B(6) to up to 5.4 ng/L measured with pYES  
 333 in sample O(3). In WW, the lowest  $EEQ_{bio}$  of 0.03 ng/L was measured in sample A(26) with ER-  
 334 GeneBLAzer, while the highest  $EEQ_{bio}$  of 24 ng/L was measured in sample M(23) with HeLa-9903.  
 335 Further, it is evident that  $EEQ_{bio}$  for SW samples determined with the MELN, as well as the pYES, were  
 336 higher (> 50 %) than the  $EEQ_{bio}$  measured with the other effect-based methods. A possible reason for  
 337 this pattern, which was less pronounced in WW, could be a higher sensitivity of the MELN and pYES  
 338 towards E1 (see SI Part F, Table S8), combined with a larger proportion of E1 in surface water.  
 339 Additionally, alterations in the method's performance occur due to differences between the test systems,  
 340 which was already mentioned in previous studies [23, 44, 51] and is further discussed for this project in  
 341 an associated publication [52].  
 342



343  
 344 **Figure 5: Measured E2-equivalents for all SW (A) and WW (B) extracts.** The symbols show the EEQs for each bioassay,  
 345 which were calculated according to the method described in section 2.5. The sample-dependent LOQs are mentioned in the  
 346 supplementary information, together with the measurement data of effect-based methods (SI Part F, Table S8 and S9).

### 347 3.5 Comparison of chemical analysis and *in vitro* effect-based methods

348 We cannot a priori expect consistency between  $EEQ_{chem}$  calculated from E1, E2, and EE2 concentrations  
 349 and  $EEQ_{bio}$ . Although the extraction and clean-up method focused on E1, E2, and EE2, other natural  
 350 estrogens and xenoestrogens (both agonists and antagonists) might still be present in the extracts and

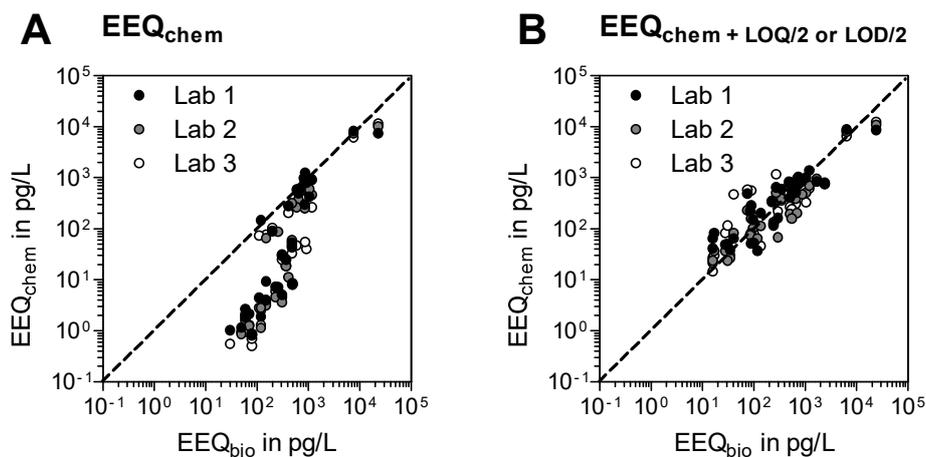
351 contribute to the mixture effects detected by effect-based methods. Thus, there can be situations where  
352  $EEQ_{chem}$  is lower than  $EEQ_{bio}$  because: 1) agonists other than E1, E2, and EE2 were present in the  
353 sample but not quantified by LC-MS/MS analyses or 2) some target compounds were present but below  
354 LOQ or LOD, thus they were not included in  $EEQ_{chem}$  but still contributed to  $EEQ_{bio}$ . Alternatively,  
355  $EEQ_{chem}$  can be higher than  $EEQ_{bio}$  when antagonists suppress the response of the assay.

356 For ER-CALUX, the comparison of  $EEQ_{bio}$  with  $EEQ_{chem}$  (Figure 6A) indicated an underestimation of  
357  $EEQ_{bio}$  by  $EEQ_{chem}$  at low concentrations of steroidal estrogens. When E1 concentrations are low,  
358 typically E2 and EE2 concentrations are below LOQ (Figure 2). However, as stated above, also below  
359 their LOD/LOQ, these chemicals may be present and contribute to the biological mixture effect (i.e.  
360  $EEQ_{bio}$ ). We therefore also calculated the  $EEQ_{chem,LOD/2}$  that uses the LOD/2 or LOQ/2 for those E2 and  
361 EE2 concentrations below the LOD or LOQ. The increase in  $EEQ_{chem}$  due to the inclusion of LOQ/2  
362 and LOD/2 data (SI, Part F, Table S10-14), shifts the  $EEQ_{chem} - EEQ_{bio}$  data cluster towards the one-to-  
363 one line (Figure 6B). In fact, there is now a slight overestimation of the biological effect in the range  
364 where EEQ concentrations are low (up to ca.100 pg/L). The fact that the agreement between  $EEQ_{chem}$   
365 and  $EEQ_{bio}$  has become much better (going from Figure 6A to 6B) is a good indication that E2 and EE2  
366 are indeed present and were captured by effect-based methods.

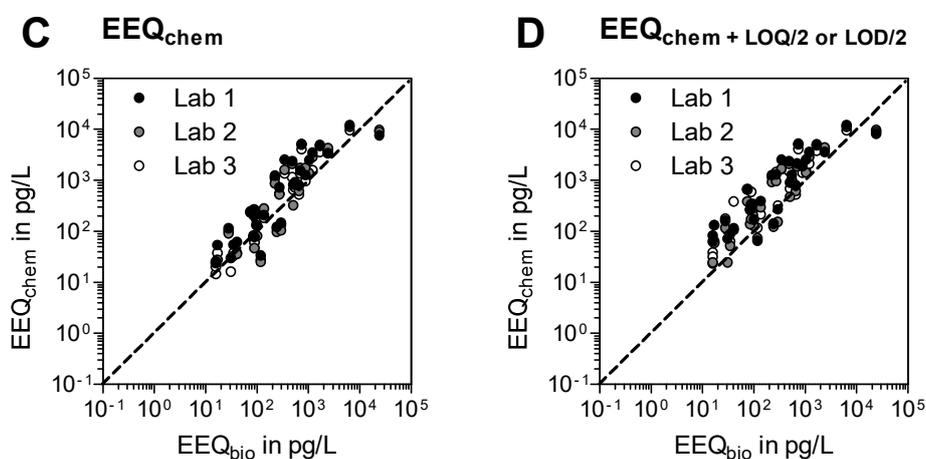
367 The situation for MELN is markedly different from that of ER-CALUX. For MELN the direct  
368 comparison between  $EEQ_{chem}$  and  $EEQ_{bio}$  is already very good (Figure 6C). In fact,  $EEQ_{chem}$  tends to be  
369 above  $EEQ_{bio}$  already before adding the additional  $EEQ_{chem}$  component using LOD/2 or LOQ/2 for E2  
370 and EE2. The inclusion of LOD/2 or LOQ/2 in the  $EEQ_{chem}$  calculation caused a notable overestimation  
371 of  $EEQ_{chem}$  for almost all samples (>90 % of data above the 1 to 1 line in Figure 6C). The other three  
372 bioassays show results that are intermediate between ER-CALUX and MELN, with a general trend  
373 towards a slight underestimation of  $EEQ_{chem}$  for samples with low  $EEQ_{bio}$  and an overestimation after  
374 adding LOD/2 or LOQ/2 (see Figure S1).

375 The marked differences between ER-CALUX and MELN are not unexpected. MELN has the highest  
376 relative E1 effect potency of all tested bioassays (0.29 compared to 0.01 for ER-CALUX; Table S5).  
377 Thus,  $EEQ_{chem}$  results for MELN are strongly based on E1 concentrations – a compound that was always  
378 measured (except for a few samples by Lab 2, Figure 3). Consequently, for MELN the relative  
379 contribution of E2 and EE2 at LOD/2 or LOQ/2 on top of measured E1 concentrations is relatively small  
380 though still noticeable for samples with low EEQ concentrations (compare Figure 6C to 6D).

## ER-CALUX



## MELN



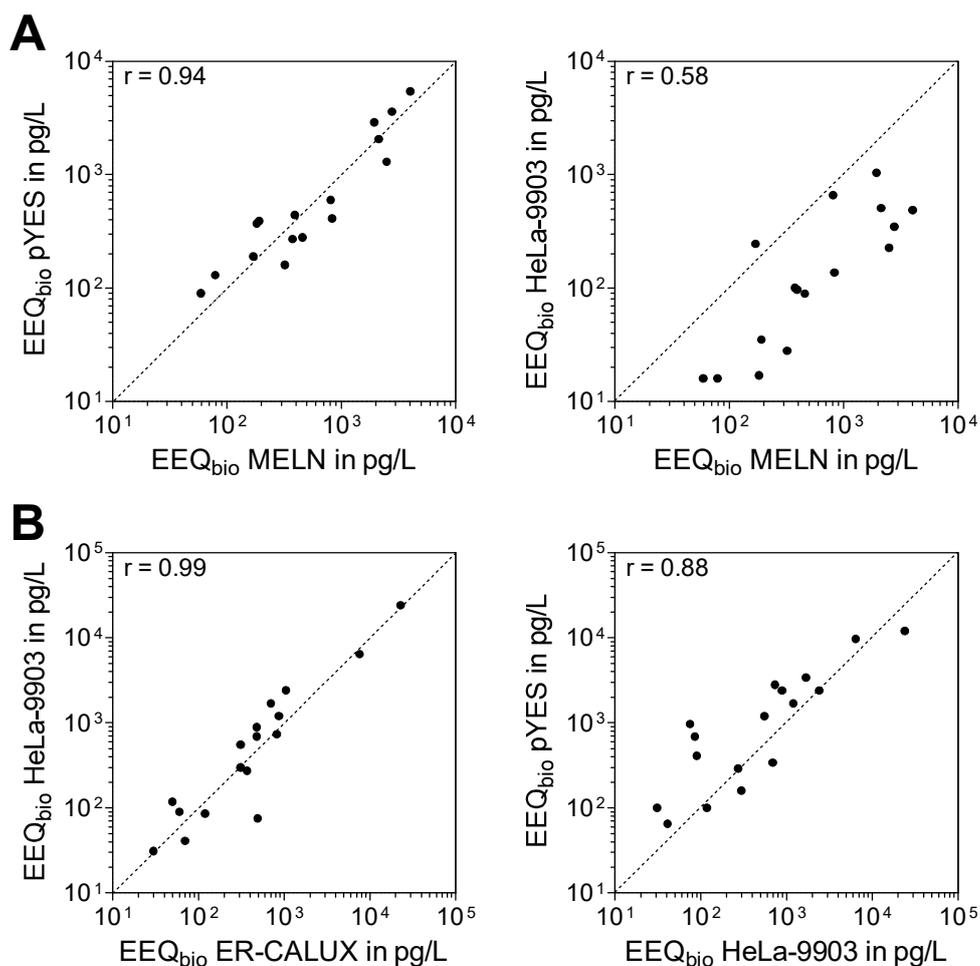
381

382 **Figure 6: Comparison of  $EEQ_{chem}$  with  $EEQ_{bio}$ .** Exemplary graphs are shown for the ER-CALUX (A, B) and MELN assay  
 383 (C, D) (further figures in the SI, Part G). Graphs on the left show the  $EEQ_{chem}$  derived from values  $>LOQ$ , while the graphs on  
 384 the right show the  $EEQ_{chem} + LOD/2$  or  $LOQ/2$  calculated by including  $LOD/2$  or  $LOQ/2$ . The dashed line indicates perfect agreement  
 385 of  $EEQ_{chem}$  with  $EEQ_{bio}$ .

386 **3.6 Comparison of effect-based methods**

387 To compare the five effect-based methods amongst each other, a correlation analysis was conducted by  
 388 plotting the EEQs of one method against the EEQs of all other methods for SW samples and WW  
 389 samples, respectively (Figure 7).

390



391

392 **Figure 7: Exemplary graphs of correlation analysis of effect-based methods for SW (A) and WW (B) showing the**  
 393 **strongest and weakest correlations.** The correlation analysis was based on the method described in section 2.9. The dashed  
 394 line indicates perfect agreement of the compared effect-based methods. All correlations were significant with a p value <0.0001  
 395 except for MELN and HeLa-9903 (top right panel) which had a p value  $\approx 0.01$ . Further graphs are shown in SI, Part H, Figures  
 396 S2 and S3.

397 The results of this analysis are summarised in Table 1 and Table 2 and show a strong correlation and  
 398 thus good comparability of pYES, MELN and ER-CALUX. For SW samples, the strongest correlations  
 399 were seen for pYES/MELN ( $r^{\circ}=0.94$ ) and pYES/ER-GeneBLAzer ( $r^{\circ}=0.94$ ), while the weakest  
 400 correlation was determined for MELN/HeLa-9903 ( $r^{\circ}=0.58$ ). For WW samples, test results correlated  
 401 strongly among all methods (Table ), and the strongest correlation ( $r^{\circ}=0.99$ ) was observed for ER-  
 402 CALUX/HeLa-9903. It is known that effect-based methods differ in their REPs for individual ER-  
 403 agonists [53-55] which can explain that results obtained by the HeLa-9903 assay correlated less strongly  
 404 with other test results . Based on these differences effect-based methods can be split into two groups:  
 405 pYES and MELN with high E1 REP and ER-CALUX, HeLa-9903 and ER-GeneBLAzer with lower E1  
 406 REP.

407 **Table 1: Pearson correlation coefficients of all bioassays for SW.** The values were calculated according to the method  
 408 mentioned in section 2.9. All correlations were significant with a p value <0.0001 (\*\*\*) and a p value  $\approx$  0.01 (\*).

	MELN	ER-GeneBLAzer	HeLa-9903	pYES
ER-CALUX	0.81 ***	0.91 ***	0.86 ***	0.76 ***
MELN		0.93 ***	0.58 *	0.94 ***
ER-GeneBLAzer			0.77 ***	0.94 ***
HeLa-9903				0.61 *

409

410 **Table 2: Pearson correlation coefficients of all bioassays for WW.** The values were calculated according to the method  
 411 mentioned in section 2.9. All correlations were significant with a p value <0.0001 (\*\*\*)).

	MELN	ER-GeneBLAzer	HeLA-9903	pYES
ER-CALUX	0.94 ***	0.98 ***	0.99 ***	0.89 ***
MELN		0.98 ***	0.94 ***	0.97 ***
ER-GeneBLAzer			0.97 ***	0.96 ***
HeLa-9903				0.88 ***

#### 412 **4 Conclusions and trends**

413 By including E1, E2, and EE2 in the watch-list of the WFD, the European Commission recognised the  
 414 need to assess environmental occurrence and impact of these endocrine disrupting substances. However,  
 415 the current WFD monitoring approach, which is based on chemical analytical measurements and  
 416 compliance with specific EQSs, has been shown to be limited with regard to the ability to detect these  
 417 substances at required concentrations [18, 51]. As demonstrated in this study, chemical analytical  
 418 methods (status 2015) were unable to quantify the steroidal estrogens E2 and EE2 at EQS concentrations  
 419 in all samples although E1 was measured effectively. Using effect-based methods, EEQ concentrations  
 420 could be determined in all samples. As these EEQ concentrations are the responses to mixtures of  
 421 known as well as unknown substances, effect-based methods have the potential to be highly valuable  
 422 tools complementing routine monitoring and water quality assessment for estrogenic compounds. Effect-  
 423 based methods are of particular regulatory interest as tools to screen and prioritise samples for further  
 424 analysis by chemical analytical methods. Furthermore, DIN/EN/ISO standards to determine the  
 425 estrogenic potential of water samples – covering human cell lines (e.g. ER-CALUX) and yeast based  
 426 assays – will be available in early 2018 under ISO/DIS19040. The availability of such standards will  
 427 facilitate the integration of effect-based methods into regulatory schemes.

428 Our study showed that EEQ results obtained from all effect-based methods applied were comparable –  
 429 especially at higher concentrations found in WW – but results can vary between methods based on the

430 relative effect potencies for individual substances. This has to be considered for the interpretation of data  
431 and determination of threshold values. As stated above: 1) *in vitro* effect-based methods cannot deliver  
432 single substance based measurements, but are suitable to assess overall estrogenicity in water samples  
433 and 2) results of these methods need to be confirmed by advanced chemical analysis. Along these lines,  
434 the inclusion of effect-based methods into monitoring programmes as a screening tool (detailed  
435 description in Kase et al., [52]) for estrogenic substances in surface water bodies would be a valuable  
436 complement to chemical analysis currently foreseen by the Directive 2013/39/EU and WFD [28, 56, 57].

437

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461

462 **Conflict of interests**

463 The Federal Institute of Hydrology did not receive any kind of financial support from the Pharmaceutical  
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465

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*Highlights*

*In vitro* effect-based methods integrate effects of mixtures of chemical compounds with the same mode of action

E2 equivalents are highly correlated with LC-MS/MS

E2 equivalents are highly correlated among effect-based methods

Implementation of effect-based methods in the water framework directive is highly recommended

ACCEPTED MANUSCRIPT